



# Language, Linguistics, Learning & Lunch!



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## Purpose

Parents have a special relationship with their children and are their best language models and teachers.

There are fun and easy ways to use food activities, such as making pizza, in your home to:

- 1) Enrich and expand your child's language development opportunities.
- 2) Incorporate linguistic and academic focuses to daily routines.
- 3) Make an experience book to practice story recall and enhance literacy skills.



## Build Language at home with Pizza!



When making food for your family, involving your children can be fun - - - and may be easier than you think!

Making pizza is just one idea. Simple activities, such as making a sandwich, frosting cookies, or adding the ingredients for macaroni and cheese can provide fun and effective ways to promote language, vocabulary, literacy, and pre-academic skills.

What might your child help you prepare? What new vocabulary words could you introduce? What are the sequencing, language, listening, and math opportunities? And taking pictures along the way to make an experience book will allow your child to retell of their creation over and over!

## Considerations

What can you do to promote your child's literacy development during daily routines?

How do you encourage age-appropriate listening skills?

How can you include math concepts into the activities your child enjoys?



## Sequencing

Learning to sequence events is an important early language and literacy skill for young children. Talk about the sequence of making pizza; let your child help with each step.



## Math & Language Concepts

Using the measurements necessary to make pizza and count toppings will help your child develop spatial and quantity concepts.

How many pepperoni slices do they have?  
How many pineapple pieces are there?  
How many all together?



What shapes do they see?  
Which items are biggest?  
Which items are smallest?

## Experience Book

Take pictures while making the pizza and then compile them into a simple book. Use the child's own words as you write the text for the story, while also expanding as needed to develop full sentences.



## Listening

### Listening & Spoken Language Strategies to use every day!



## Story Recall/Retell

Using your experience book, you can help your child develop language even faster. Read the book with your child to help them remember and ask them how to make the pizza without the book.

