

# ZIKA VIRUS (ZIKV)

## AUDIOLOGY RECOMMENDATIONS FOR FAMILIES AND CAREGIVERS

### WHAT IS **ZIKA** AND WHERE DOES IT COME FROM?

- Zika is spread by certain mosquitos that bite humans.
- Zika is spread 3 different ways:



- There is **no** vaccine for Zika Virus.
- Pattern birth defects can be found in infants infected with the Zika Virus during pregnancy. This is called congenital Zika Virus Syndrome.

### WHAT DOES ZIKA DO TO YOUR **BABY**?

- A baby born with congenital Zika Virus Syndrome may have one or more of these conditions:



1. Microcephaly: smaller than average head size
2. Problems with brain development
3. Difficult swallowing
4. Hearing loss
5. Vision difficulties
6. Too much muscle tone, which restricts your baby's ability to move
7. Seizures
8. Difficulty with movement in the joints

### HOW CAN YOU MANAGE YOUR **BABY'S HEARING**?

- Babies born with congenital Zika Virus Syndrome need extra support. They also need constant monitoring of their development.

- You can take these steps to care for your baby:



#### Step 1:

- Create a coordinated plan of care with your baby's doctor



#### Step 2:

- Make sure you get your baby all their recommended check-ups and hearing tests



#### Step 3:

- Talk to your doctor about if your baby qualifies for early intervention services in your area