

Self-Advocacy Starts Young

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Described & Captioned Media Program

Our Mission:

Our mission is to promote and provide equal access to communication and learning through described and captioned educational media.

Our Goal:

The ultimate goal of the DCMP is for accessible media to be an integral tool in the teaching and learning process for all stakeholders in the educational community, including students, educators and other school personnel, parents, service providers, businesses, and agencies.

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What is Self-Advocacy?

- The action of representing oneself or one's views or interests.



What is Self-Advocacy?

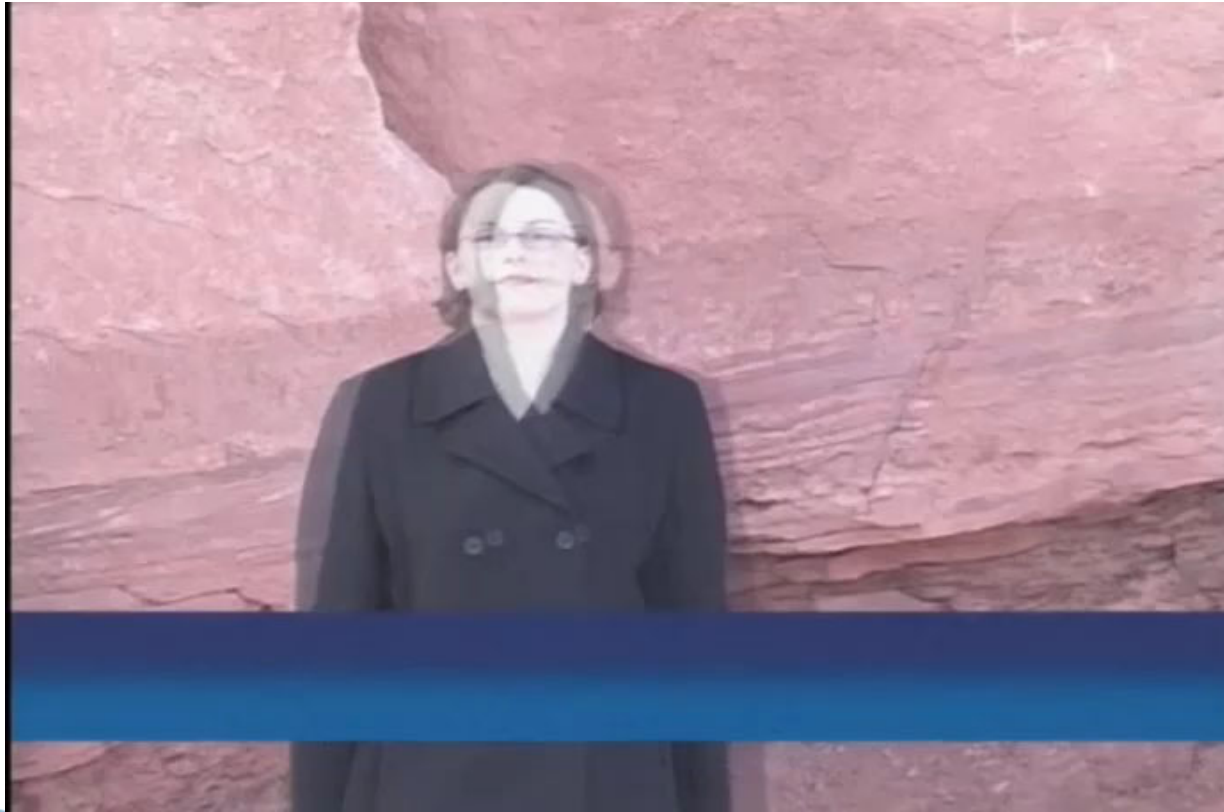
Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.



When Does Self-Advocacy Start?



I am not a Stranger: A Deaf Child's View of Growing Up in a Hearing Family



Strategies for Teaching Self-Advocacy



- Start Early
- Encourage Self-Awareness
- Stay Positive
- Support Critical Thinking
- Engage in Problem Solving
- Promote Self-Advocacy
- Require Involvement
- Plan for the Future
- Build Self-Esteem

Self-Advocacy Has 3 Parts

1. Knowing yourself



- [Leo the Late Bloomer](#)
- [Goose](#)
- [The Dot](#)
- [T is for Terrible](#)
- [Everybody's Different: We Like Different Things](#)
- [Deaf History That](#)
- [Achieving Goals! Career Stories of Individuals who are Deaf and Hard of Hearing](#)

Amazing Grace



Self-Advocacy Has 3 Parts

2. Knowing your needs



- *Self-Advocacy Solutions to School Problems*
- *Self-Esteem: Being The Real Me*
- *Respecting Yourself*
- *Amazing Kids of Character (series)*

Amy's Start Toward a Successful Future



[Print interview
with Amy](#)

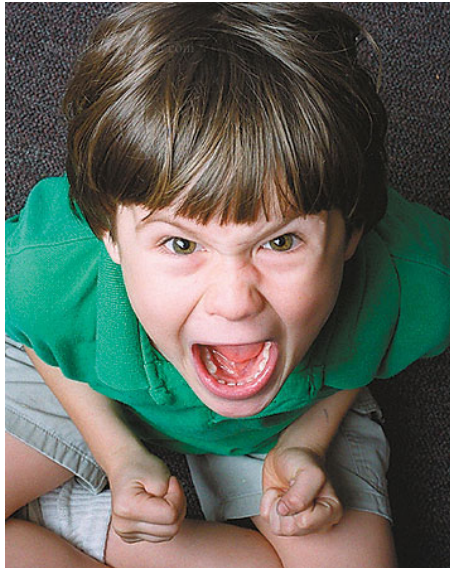
[Print interview
with Theresa](#)

[Video
Interview](#)



Self-Advocacy Has 3 Parts

3. Knowing how to get what you need



- *Respecting Others*
- *Student Workshop: Respecting Differences*
- *What's Respect? We're All Different*
- *Talking to Your Teacher*
- *I Can Greet a Grown Up*
- *I Can Show I Care*



Takeaways

- Self-advocacy is an important skill that can help your child do better in school and be more independent in the long run.
- You can take specific steps to help your child learn self-advocacy.
- Self-advocacy isn't easy, but with practice your child can develop this skill over time.



Self-Advocacy, Self-Determination, and Self-Respect



Self-Advocacy, Self-Determination, and Self-Respect

Self-advocacy is important for all ages and all stages of life. Students need to learn responsibility, whether it be choosing an appropriate outfit for school or choosing a career for life. DCMMP has videos to support all stages of the process. Students can learn self-respect, increased self-esteem, and self-advocacy skills. There are also videos for adults to improve their skills in fostering self-advocacy.

| Title | Grades |
|--|--------|
| <i>Leo the Late Bloomer</i> | Ps-2 |
| <i>Short Stories For Children (series)</i> | Ps-3 |
| <i>Franklin and Friends (series)</i> | Ps-3 |
| <i>Chrysanthemum</i> | Ps-4 |
| <i>Amazing Grace</i> | K-3 |
| <i>Everybody's Different: We Like Different Things</i> | K-3 |
| <i>T is for Terrible</i> | K-3 |
| <i>The Dot</i> | K - 4 |
| <i>Doing the Right Thing: Building Character</i> | K-4 |
| <i>The North Star</i> | K-6 |
| <i>Goose</i> | 1-5 |
| <i>Self-Advocacy Solutions to School Problems</i> | 3-5 |
| <i>My Best Me: All About Self-Esteem</i> | 3 - 6 |
| <i>Self-Esteem: Being The Real Me</i> | 3 - 6 |
| <i>Respecting Yourself</i> | 3-8 |
| <i>Amazing Kids of Character (series)</i> | 3-8 |
| <i>Great Cup Stack Challenge</i> | 5-6 |
| <i>Popularity: What's the Price?</i> | 5-10 |
| <i>Chicken Soup for the Soul's Hidden Heroes</i> | 5-12 |
| <i>No Ordinary Hero: The SuperDeafy Movie</i> | 5-12 |
| <i>Get A Winning Attitude</i> | 6 - 9 |
| <i>Straight Talk about Mental Health: Image and Identity</i> | 6-12 |
| <i>Leadership Opportunities for Deaf Teens (LOFT) (series)</i> | 7 - 12 |

| Title | Grades |
|--|----------------|
| <i>Drowning in D's: You Can Turn Your Grades Around</i> | 7 - 12 |
| <i>Self-Esteem For Native American Students</i> | 7 - 12 |
| <i>Real Life Teens: Self-Esteem And Achievement In School</i> | 7 - 12 |
| <i>The Mirror In My Mind: Body Image & Self-Esteem</i> | 7 - 12 |
| <i>The Heather World: Heather Artinian at TEDxGeorgetown</i> | 7-12 |
| <i>The Dream Share Project</i> | 7-12 |
| <i>My:24 (series)</i> | 7-12 |
| <i>Achieving Goals (series)</i> | 7-12 |
| <i>Behind the Scenes in the Amazon: Christy Smith, The Deaf "Survivor" (Tells Signs All)</i> | 8-12 |
| <i>Real Life Teens (series)</i> | 8 - 12 |
| <i>Getting a Job: Your Rights and Responsibilities</i> | 9 - 12 |
| <i>Successful Parenting (series)</i> | 10 - 12 |
| <i>Pathways to Success: College Students with Learning Disabilities</i> | Parent/Teacher |
| <i>Families Growing Together (series)</i> | Parent/Teacher |
| <i>Feelings And Motivation</i> | Parent/Teacher |
| <i>The Americans with Disabilities Act</i> | Parent/Teacher |
| <i>Accessing the Dream: Preparing Deaf-Blind Youth for a Self-Determined Life</i> | Parent/Teacher |
| <i>Parenting Children with Learning Differences: LD, ADHD</i> | Parent/Teacher |



visit us at dcmp.org

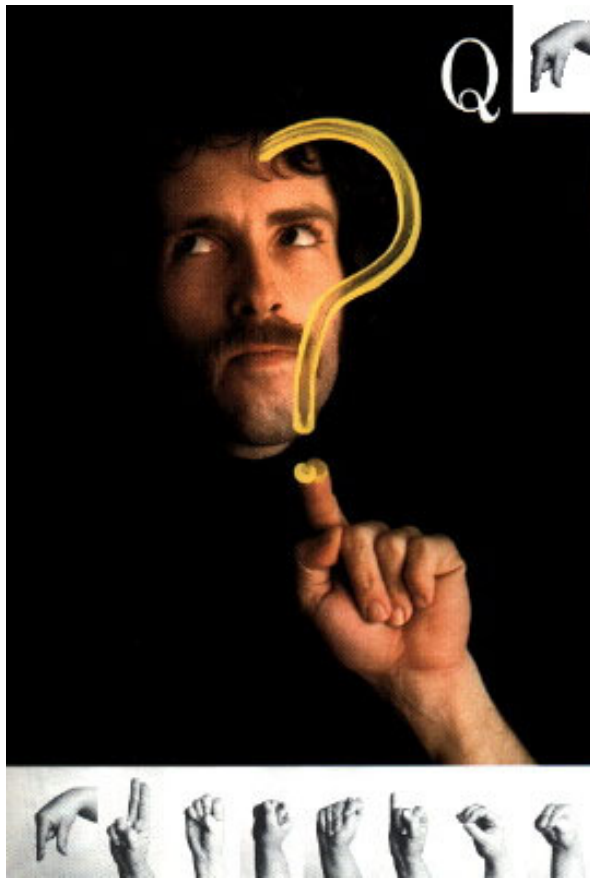
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Additional Resources

- [Self-Advocacy: Strategies for All Ages](#)
- [Self-Advocacy for Deaf and Hard of Hearing Students](#)
- [The Importance of Self-Advocacy for Kids who Learn and Think Differently](#)
- [How to Build the Foundation for Self-Advocacy in Young Children](#)
- [Can I Ask for Self-Advocacy IEP Goals for My Child?](#)
- [Should My Child Go to IEP Meetings?](#)





Questions?

