UNDERSTANDING GENETIC HEARING LOSS AND THE IMPORTANCE OF GENETIC TESTING

Decibel

Learn about

- ightarrow Congenital hearing loss
- ightarrow Genetics of hearing loss
- ightarrow The importance of genetic testing

Discover more online at: www.decibeltx.com/patients-families/

THE FIRST STEPS ON YOUR FAMILY'S HEARING LOSS JOURNEY



Worldwide 1 in 500 babies are born with congenital hearing loss¹

What is congenital hearing loss?

Congenital hearing loss occurs when a baby is born deaf or hard of hearing.

Congenital hearing loss occurs when a baby is born deaf or hard of hearing. There are a number of causes of hearing loss in newborns including infections, premature birth, low birth weight, and genetics.²

Finding out that your child has hearing loss can be overwhelming. One of the first steps you can take is to explore whether your child's congenital hearing loss could be due to a genetic cause.

Genetics variations are the leading cause of congenital hearing loss³



What is a gene?

Genes are the blueprints providing instructions on how to make proteins for the body.

What is a protein?

Proteins are molecules responsible for performing vital functions in our cells

How can genetic variations cause hearing loss?

Specific variations in our genes can cause incorrect coding of proteins. Some proteins are essential for hearing and, if nonfunctional or missing, can cause congenital hearing loss.

THE MOST COMMON CAUSE OF GENETIC AUDITORY NEUROPATHY SPECTRUM DISORDER

Approximately 10% of children diagnosed with hearing loss at birth have auditory neuropathy, usually due to genetic mutation.⁴



The absence of a protein called otoferlin can result in auditory neuropathy spectrum disorder (ANSD). Otoferlin is the most common genetic protein deficiency that causes this type of hearing loss.

What is Auditory Neuropathy Spectrum Disorder (ANSD)?

ANSD is a hearing disorder where the inner ear is able to successfully detect sound but is unable to send sound from the ear to the brain.

Otoferlin/OTOF

Otoferlin protein is created by the *OTOF* gene. Mutations in this gene can lead to profound hearing loss.

HOW IS GENETIC HEARING LOSS PASSED TO A CHILD?

We all inherit two copies of each of our genes, one from each parent. In most cases of ANSD caused by otoferlin deficiency, a child inherits one non-working copy of the *OTOF* gene from each of their parents, known as an autosomal recessive inheritance pattern.



AUTOSOMAL RECESSIVE INHERITANCE



25% chance of inheriting this condition if each parent has one copy of the affected gene

Parents of a child with this kind of hearing loss are unlikely to know they each carry one affected copy of the *OTOF* gene because both may not have been genetically tested, and they don't themselves experience symptoms of this kind of hearing loss.

UNDERSTANDING THE IMPACT OF OTOFERLIN DEFICIENCY

Children with two nonfunctioning copies of the OTOF gene

95% have severe to profound hearing loss

95% of people who inherit two nonfunctioning copies of the *OTOF* gene have severe to profound hearing loss.⁴



OTOFERLIN MAKES IT POSSIBLE FOR THE EAR CELLS RECEIVING SOUND TO COMMUNICATE WITH THE BRAIN





These ABR test results show babies with:

- Typical hearing (grey lines) have peaks (I, III, V) at different time points, indicating sound is being sent from the ear to the brain successfully.
- 2. Otoferlin deficiency (red/blue lines) have no ABR response, indicating disrupted or no sound is being sent from the ear to the brain.

What is an Auditory Brainstem Response (ABR) Test?

ABR tests are used to assess how well sound travels along the network of nerves from the ear to the brain. The ABR test is painless and noninvasive. The clinician places sticker electrodes on the child's forehead and ear region, and the sounds are played through headphones to see if sound is traveling properly from the ear to the brain.

Approximately 95% of all babies born with otoferlin deficiency have an absent ABR (no measurable peaks) suggesting profound hearing loss due to inability for sound to travel from the ear to the brain.⁴

THE IMPORTANCE OF GENETIC TESTING

Genetic testing can help identify the cause of congenital hearing loss early, and direct families towards treatment options.

Potential benefits of genetic testing include:

- Identifying if hearing loss is genetic.
- May help clinician with guide care of childhood hearing loss.
- Accessing current and future investigational gene therapy clinical trials for genetic hearing loss, if qualified.
- Opportunity to support research that will enable better understanding of genetic hearing loss and development of potential therapies.

A genetic test requires a single mouth swab and, in most cases, detect the most common genetic variants associated with congenital hearing loss.





REFERENCES

¹Summary of 2017 National CDC Early Hearing Detection and Intervention (EHDI) Data. Available from: Centers for Disease Control and Prevention; 2019. Accessed 13 May, 2020.

https://www.cdc.gov/ncbddd/hearingloss/201y-data/ documents/01-2017-HSFS-Data-Summary.pdf

Butcher E, Dezateux C, Cortina-Borja M, et al. Prevalence of permanent childhood hearing loss detected at the universal newborn hearing screen: systematic review and meta-analysis. PLoS One. 2019;14(7):e0219600

²<u>https://www.cdc.gov/ncbddd/hearingloss/data.html</u>

³ Morton CC, Nance WE. Newborn hearing screening—a silent revolution. N Engl J Med. 2006;354(20):2151-2164.

⁴OTOF-Related Deafness https://www.ncbi.nlm.nih.gov/books/NBK1251/ For information on how to access no-cost, non-invasive genetic testing through Decibel Therapeutics and how you can support research on investigational gene therapies, please visit:

www.decibeltx.com/genetic-testing/

We're here to support you every step of the way through your family's hearing loss journey. Decibel Therapeutics is also dedicated to developing gene therapies that could, if proven in clinical trials, offer additional options for children with hearing loss to be able to hear.



