

EMPOWER DELEGATION WITHIN TEAMS FOR CHILDREN WHO ARE DHH A PARENT FOCUSED RESOURCE

START BY IDENTIFY YOUR SUPPORT TEAM

ASK YOURSELF

- Who do I enjoy spending time with?
- Who do I confide in?
- Who has a vested interest in my success?
- Who does my child enjoy spending time with?
- Who is my child motivated to see and converse with?
- Who does my child naturally spend time with as part of their daily routine?
- What professional support do I and my child have?

BE REALISTIC ABOUT POTENTIAL BARRIERS



HOW DO I TRACK WHAT I'VE DELEGATED?



DO I KNOW THE GOALS WELL ENOUGH TO ASK OTHERS TO HELP?



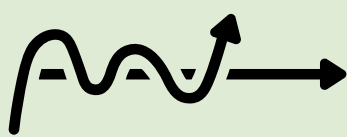
HOW DO I KNOW WHAT'S APPROPRIATE TO DELEGATE?

REMEMBER

As a caregiver, you are constantly navigating the switch from having information given to you and then needing to share that with others. Be patient as you are asked to be an expert in every role of delegation.

6 HELPS FOR SUCCESSFUL DELEGATION

KNOW THE GOAL



SIMPLIFY AND CLARIFY

State the goal in clear terms that is free of any jargon.



LOOKING FOR VS PROMPTING

Clarify if they are looking for a skill or prompting for a skill.



SHARE THE WHEN AND WHERE

State what's working and where and what routines you expect to see a skill.

SHARE THE HOW



SHARE SUCCESSFUL STRATEGIES

Is wait time helpful?
Repeating a question increasing engagement?
Discussing a certain topic a good starting point? Share, share, share!



PROVIDE MATERIALS/HELPS

If a goal requires a specific object or material, provide it.



EMBRACE QUESTIONS

Consider setting up a specific time to ask and answer questions. If helpful, arrange for your professional provider to be there too.

GIVE THE BACKGROUND



CREATE A "GET TO KNOW YOU"

Break out those pamphlets, get to know you sheets, and schedule a time to talk all about your child. If able, encourage them to share their own information and be their own advocate.



SHARE FORMS AND RELEVANT MEDICAL INFORMATION

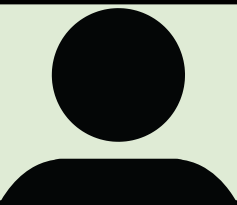
Providing this information can empower team members to feel comfortable supporting new diagnosis, technology, medical needs or even daily living.



ASK FOR PREVIOUS NOTES/INSIGHT FROM OTHER PROVIDERS

Respect the time and care previous providers and caregivers have intentionally prepared to enable smoother services.

COMMUNICATE CLEARLY



KEEP IT SIMPLE

No need to hand over a standardized assessments or forms. Do your best to share the necessary information.



SET CLEAR EXPECTATIONS

Avoid "It's up to you."
Expectations = Happy Helpers
Say how often you'd like updates.



GET CREATIVE WITH COMMUNICATION OPTIONS

Share a google doc, utilize video chat apps like Marco Polo, or have a dedicated notebook to jot observations in.

COLLABORATE WITH CARE



BE RESPECTFUL OF SENSITIVE INFORMATION

Set clear boundaries on what can be shared with others outside of your support team.



ASSUME COMPETENCE

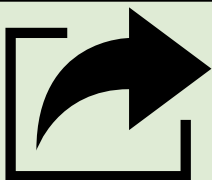
Assume competence Share information to inform, not to judge.



IF YOU'RE UNSURE, ASK

Double check.

CELEBRATE SUCCESS OFTEN



SHARE SUCCESS

When you see the extra practice is paying off, share it. It's nice to know your efforts are helping.



SAY THANK YOU

2 words go a long way. Acknowledging effort helps us move forward through the hard.