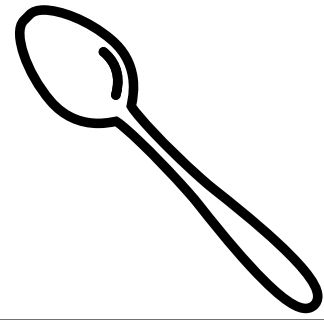





Compassionately Accessible Care: Checklist





Spoon theory: Shorthand for the careful calculations and prioritization that disabled and chronically ill people must do in order to have energy to accomplish tasks, participate in activities, and take care of themselves.





POLICIES

-  Do I provide flexible scheduling options?
-  Do my cancellation policies show compassion and assume goodwill?
-  Am I allowing families to select how they want me to communicate with them?

PHYSICAL ACCESSIBILITY

-  Is the physical space accessible to a wheelchair or a stroller?
-  Are the internal doors of the building accessible?

PRACTICE

-  Are there any opportunities to co-treat and take some stress off of the family?
-  Am I encouraging an open dialogue and understanding of the family's priorities?
-  Am I providing education for the families about issues related to deafness including their rights to an interpreter and how to request one?
-  Am I saving the family's spoons or taking them?