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# 10 Things My Son Taught Me That I Didn't Learn in My Audiology Program

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# Meet the Petralba Family



# Becoming an Audiologist

- Always wanted to work in health care
- Was originally interested in SLP
- Quickly became more drawn to audiology
- Bachelor of Science in communication disorders at Central Michigan University in 2011
- Doctorate of Audiology at East Tennessee State University in 2015



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EAST TENNESSEE STATE  
UNIVERSITY

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# Meet Benjamin

- Will turn 3 in May
- Hearing aid in the right ear, cochlear implant left ear
- Total communication, mostly vocalizations
- 10-20 expressive words and signs
- Planning to attend preschool in a total communication classroom in the fall





# Benjamin's Arrival

- Normal pregnancy, no complications
- Expecting healthy child
- Spontaneous uncomplicated delivery
- Immediately nurses were concerned about his color
- Taken to the NICU
- Initial Diagnosis
  - Congenital heart disease
    - Trunkus Arteriosis
    - Interrupted Aortic Arch
  - Choanal atresia
  - Abnormal pinna shape
  - Horseshoe kidney
  - Colobomas
  - Germinal matrix brain bleed

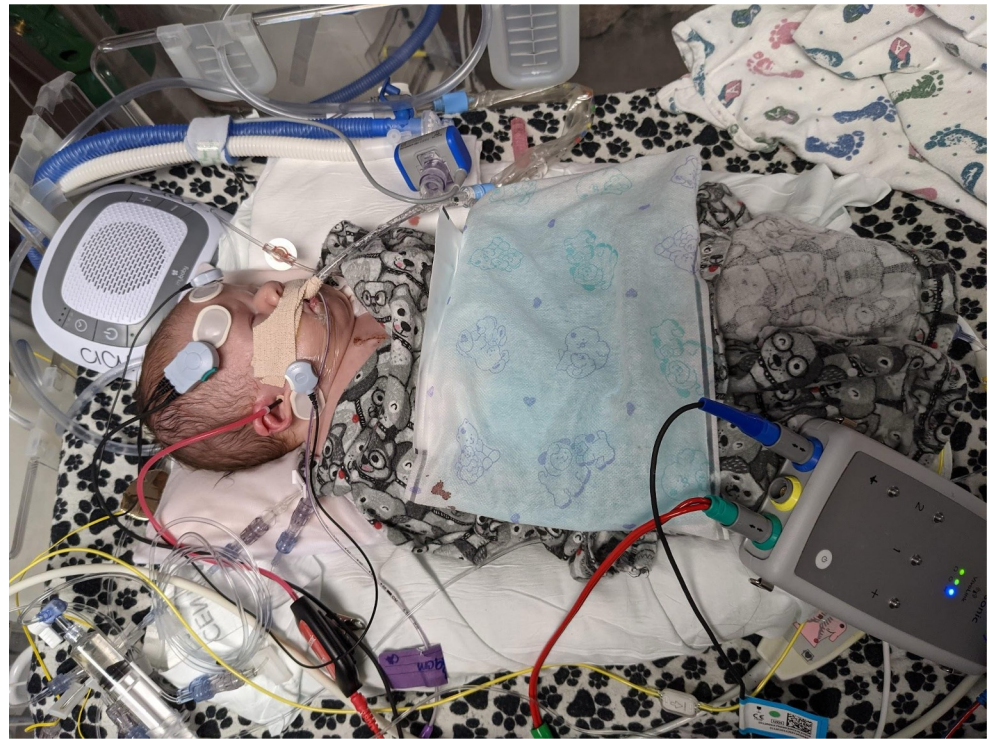


# #1 Hearing is not always the first priority

Heart

Airway

Feeding

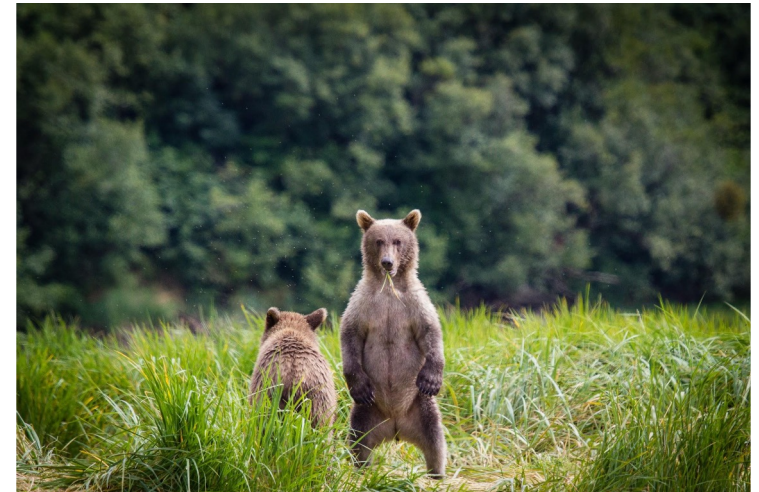


## #2 How much parents have to advocate for their children

-NICU attending refused to do CT of ears with heart CT as there was no ENT at the hospital Benjamin was in.

-Ear imaging was delayed until he was 2 years old due to dealing with other medical issues and difficulty accessing ENT care

-NICU attending also refused to do a hearing screening because, "He would probably fail it."





## #3 Accessing care in the community is not always easy

Trouble scheduling with audiologist office

Early Intervention said he was too young for a hearing test





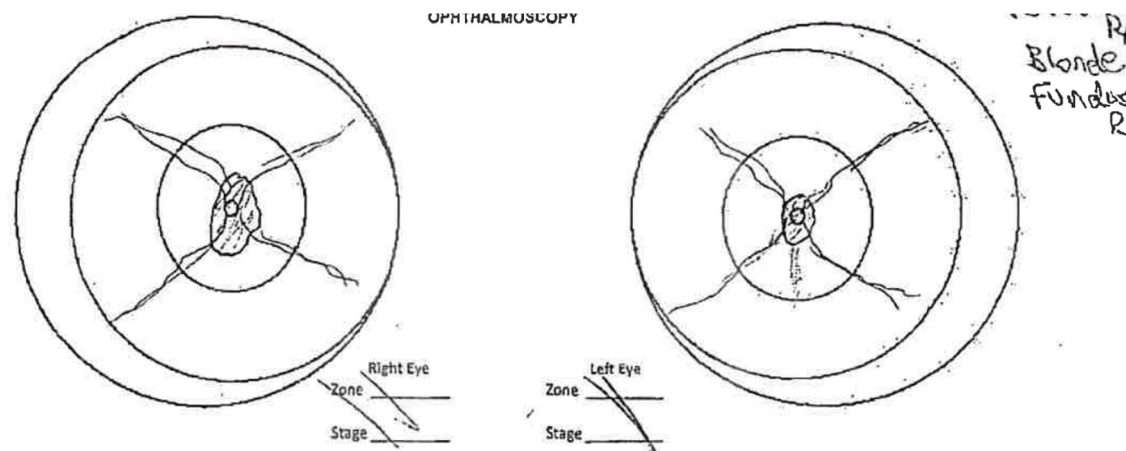
## #4 Not all providers use best practices

- Hearing aids had two different fitting formulas
- If you are not comfortable doing a procedure get comfortable with it or refer out to someone that is



## #5 Choosing communication approach can be complex

- Vision status
- Vocal cord paralysis
- Keeping devices on
- Delayed motor milestones



## #6 Kids don't keep hearing aids in!

- OT checklist
  - Removing a hat
  - Removing socks
- Hearing aid lost in the baby bouncer for months
- Cochlear implant is currently missing
- #1 topic in hearing loss Facebook group
  - Favorite answer to this question: First we put the hearing aid in 500 times a day, eventually it was 400 times a day, then 300, then 200, etc...





## #7 Importance of teaching families clear speech

- Cranial helmet use for 10 months
- Hospitalizations - not able to wear hearing technology sometimes
- Unsure of visual status
- Not all families can put the hearing aids in 500 times a day



## # 8 Importance of support network

- Local Hands and Voices Chapter
- Facebook groups
- Charge Syndrome Foundation
  - West family support group
  - Birth to 3 support group
  - State liaisons
  - Bi-annual conferences



## #9 Navigating insurance coverage can be challenging

- Can be very frustrating - somehow my head has not exploded
- A good case manager is invaluable
- Hospital social workers are also very helpful
- Applying for SSI was very helpful





## #10 How rewarding it is to be a mom of a kiddo with hearing loss

The journey has not been easy but nothing melts my heart like a smile from Benjamin!



## Take Away Points

- Are you providing best practices?
  - Are you referring all newly diagnosed patient to local Hands and Voices chapter?
  - Is it easy for patients to make appointments with your office?
  - Are you providing as much help as possible with navigating insurance coverage for devices?
  - Are there any opportunities to give in-services in the community regarding hearing loss in the pediatric population?
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