

## SELF REFLECTION:

I have participated in discussions about professional bias.

The resources my field shares with families are free from bias.

I am comfortable communicating about my professional biases with my colleagues and other professionals I work with.

I am comfortable communicating about my professional biases with the families I work with.

## QUESTIONS TO TAKE WITH YOU:

Who in my network can I use as a resource for topics I am less familiar?

What biases exist within my field? In what ways can I work to challenge them?

How can I help families identify their next steps in a balanced and supportive way?

What systems or processes are in place to support families who change their minds?