

Using Data Logging to Increase Device Wear-Time in Preschool-Aged Children

Tessa Wirt, Au.D., CCC-A & Susan M. Schmitt, MA, CCC-SLP, LSLS Cert. AVEd.

INTRODUCTION

Lack of full-time device use can prevent children with hearing loss from reaching their maximum potential. Many children entering our specialized Deaf and Hard of Hearing (DHH) preschool program have less than full-time device use. Full-time use of hearing devices can be difficult to achieve for multiple reasons:

- Poor retention
- Lack of parental knowledge on wear time expectations
- Presence of multiple caretakers for child
- Removal of devices by child for attention
- Removal of devices by child as a result of a power struggle
- Lost of malfunctioning device

METHODS

- 1. We consistently tracked device wear-time for 10 preschool-aged children (ages 3-5 years) for the 2024 calendar year
- 2. Counseling was provided to parents in various forms:
 - Informing parents that data logging will be tracked consistently
 - Discussing expectations for wear-time. We often provide the chart taken from *HearingFirst.org:*

Age of Child	Minimum Recommended Wear Time
0-12 Months	8 Hours
13-24 Months	9 Hours
2-5 Years	10 Hours
6-10 Years	11 Hours
11+ Years	12 Hours

- Assisting families with equipment needs to ensure functioning equipment at all times
- Assisting families in trialing and procuring retention options
 Providing individual recommendations to parents (either in-person or online) to increase their child's device wear time
- Offering parent education (in person or recorded) on the importance of device wear time
- Providing consistent follow-up and support for families whose child's wear time does not meet expectations

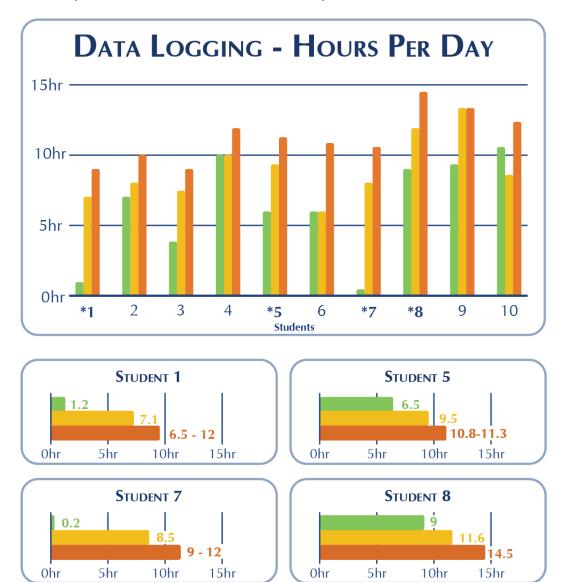


Using Data Logging to Increase Device Wear-Time in Preschool-Aged Children

Tessa Wirt, Au.D., CCC-A & Susan M. Schmitt, MA, CCC-SLP, LSLS Cert. AVEd.

RESULTS

- Day 1 = Student's first day of enrollment at DePaul School
- B2S 2024 = Student's first day of school after summer break (2024)
- Dec 2024 = Midpoint of three December 2024 data points



Conclusion

This data demonstrates that **consistent data logging and educating parents** on expected device wear-time can be effective tools to **increase overall device use** for preschool students in a specialized DHH program. Providing **consistent support and feedback to parents** regarding their child's device wear-time **can help achieve and maintain optimal device use.**