S.T.A.R.R.: Strategies to Enhance Language Development

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S.T.A.R.R.

- ■S Stay Close
- ■T Talk, Talk, Talk
- A Auditory Environment
- R Reciprocity
- R Repeat Routines





Why S.T.A.R.?

- Enhances parental sensitivity
- Transcends parental barriers
 - Socioeconomic status
 - Education level
 - Can be used for any language and/or modality
- Enhances natural language learning
 - Can be used with any activity, routine, or toy





La Estrategia C.H.I.L.E

- C Cercanía
- H Hábitos Rutinarios
- I Interactuar
- L Lenguaje Descriptivo
- ■E Eliminar Ruido





Stay Close

- Ensure hearing technology is functioning and worn all waking hours
- Hold your baby close
- Position yourself next to your child
- Get on your child's level and make eye contact
- Be prepared to follow your child if he is on the go





Talk, Talk, Talk

- Ensure hearing technology is functioning and worn all waking hours
- Self talk
- Parallel talk
- Parentese
- Share books
- Sing songs and rhymes





Auditory Environment

- Ensure hearing technology is functioning and worn all waking hours
- Eliminate background noise
- Position yourself close to and level with your child's microphone
- Consider room acoustics
- Use a personal FM system if possible
- Understand and expand your child's listening bubble





Reciprocity

- Ensure hearing technology is functioning and worn all waking hours
- Appropriate developmental expectations for turn taking
- Wait time
- Expectant look
- Joint attention





Repeat Routines

- Ensure hearing technology is functioning and worn all waking hours
- Identify and establish daily routines
- Embellish with language and song
- Repeat, repeat, repeat!





How to implement

- Providing parents with the "why"
- Coaching strategies vs. direct therapy
- Modeling best practice
- Measuring carryover and effectiveness







S.T.A.R.& La Estrategia C.H.I.L.E

Strategies to Enhance Language Development

References

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