# **NOW AVAILABLE!**

# AN APP TO HELP PARENTS NAVIGATE THE 1-3-6 PROCESS

#### **5 MARCH 2019 EHDI CONFERENCE 2:20-2:45**





VIRGINIA EHDI PROGRAM

# Acknowledgements



# This app was designed by Han Mason in collaboration with EHDI programs and the EHDI-PALS group

- VA, MA, IA, MN, TX State Early Hearing Detection and Intervention (EHDI) Programs
- Hands & Voices
- Centers for Disease Control & Prevention (CDC)
- Directors of Speech and Hearing Programs in State Health and Welfare Agencies (DSHPSHWA)

- Maine Education Policy Research Institute
- National Center for Hearing Assessment and Management (NCHAM)
- Early Childhood Technical Assistance (ECTA) Center
- American Speech-Language-Hearing Association (ASHA)

# Identifying a need – Han Mason



"My cousin's daughter, Lindsey failed her newborn hearing test, but did not receive proper follow up & treatment until she was 3 years old."



#### WHY AN APP?

New generation of parents Interact with their phones more than a desktop or laptop

Fast access to information at finger tips allows people to act right away- this is Empowerment

Demystify the EHDI process

#### AVAILABLE FOR APPLE AND ANDROID PLATFORMS

The app is not EHDI-PALS (EHDI- Pediatric Audiology Links to Services)

EHDI-PALS is a website for parents to search for audiology clinics equipped

to

- Test children ages 0 to 5
- Dispense and fit hearing aids to children
- Provide cochlear implant services to children

Both the EHDI-PALS website and the EHDI smart phone app won the

2018 CDC National Center on Birth Defects and Developmental Disability Excellency in Communication award



## **DEVELOPING THE APP**

We took screening, diagnostics and early intervention and breaks them down into a series of questions. Such as:

- Parents enter state and child specific information.
- Creates reminders on the phone's calendar feature.
- Prompts at timed intervals.
- All information is held on the phone and not transmitted beyond the phone.
- Information sheet for families developed to be distributed at the hospital when a baby failed the screen.

## FAMILY ENTERS INFORMATION AND NEXT SCREEN IS BASED ON ANSWERS PROVIDED

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EHDI App :	EHDI App 🔋	EHDI App :	EHDI App
Enter your child's information	Hearing Test	Hearing Test	Hearing Test
Child's First Name: Your Child's Birthday	Has had a hearing test yet?	Remember, did not pass the <u>hearing screen</u> and needs a <u>hearing</u> <u>test.</u>	Was found to have a hearing loss?
Dec 29 2018		Experts recommend all children who do not pass their hearing screen should have a hearing test before 3 months of age.	
Jan 30 2019			
Feb 31 2020	O The Hearing Test is done		
Your State of Residence	O No, but scheduled.		• Yes
	No, not scheduled.		○ No
NEXT	NEXT	NEXT	NEXT
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### INCLUDES LINKS TO CONTACTS AND DEFINITIONS OF KEY TERMS

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EHDI App :	EHDI App :	EHDI App :	EHDI App 🔋
Hearing Test	Hearing Test	Early Intervention	Early Intervention
Do you have another hearing appointment scheduled? • Yes • No Do you need help? Your <u>state's newborn</u> <u>hearing program</u> or <u>Hands &amp; Voices</u> can help. GO TO HANDS & VOICES	We know life can be very busy with a newborn, to get started here is an <u>EHDI-PALS</u> clinic locator you can try. Your <u>state's newborn hearing</u> <u>program</u> or <u>Hands &amp; Voices</u> can help. LOAD STATE HEARING DIRECTORY	There are different choices for you to consider in helping to communicate. The next step is for to receive <u>early intervention</u> . The intervention process should start within 1 month of receiving the hearing loss test result.	If you are unsure, you can call Early Intervention and they will help you find the right services for and your family. This app will check back with you after two days to remind you about obtaining early intervention services for your baby.
LOADING STATE HEARING DIRECTORY	LOAD EHDI CONTACT INFO		LOAD EHDI CONTACT INFO
NEXT	NEXT	UNDERSTOOD	NEXT
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#### **APP TESTED BY PARENTS PRIOR TO PILOT**

#### Comments:

- May I start by saying that I am tech-challenged and yet I found this app to be very easy to navigate...Thank you everyone who worked so hard to create this wonderful app!
- I love this!!! It would have helped me years ago with the system!!
- Looks great. Nice work. This app is going to be great for parents.
- If only I had this tool 15 years ago, life would have been a whole lot easier!

#### **PILOTING THE APP IN HOSPITALS**

Who participated?

VA and MA EHDI programs

✤Hospitals

VA from April to August 2018

Johnston Memorial Hospital and Southside Regional Medical Center

MA from May to December 2018

Brigham and Women's Hospital, Beth Israel Deaconess Medical Center and Beth Israel Deaconess Hospital Plymouth

## WHAT WE HAVE LEARNED FROM THE PILOT?

Survey results of all hospital personnel

- Is giving the app download instruction to parents when their babies have not passed hearing screen burdensome? 100% said not burdensome at all.
- Other comments:

 $\checkmark$  "I think this app is a wonderful idea for these parents."

✓ "Consider creating a FAQ for parents."

# **APP DOWNLOADS DURING THE PILOT**

i-phone 51

Android phone 37

Total number of downloads	_ = <u>88</u>	
Number of "did not pass" from participating	164	
hospitals		

54% of parents downloaded

# HIGH LEVEL I-PHONE AND ANDROID USERS DEMOGRAPHICS

- Age- no significant difference between the 2 groups of users
- Sex- more females use i-Phone
- Occupation-

iPhone users are more likely	Android users are more likely
Professionals	Engineers, programmers
Working in the business field	Working in technical industry

#### HOW MANY PARENTS STILL HAVE THE APP?

As of Feb 1, 2019 i-phone 27 Android phone 13 <u>Number of users still have the app 40</u> Total number of Jownloads 88 45% of people who downloaded still have the app in their phone.

Implications....

## WE INVITEYOU TO DOWNLOAD THE APP NOW

 Go to Google Play or the App Store on your phone and search for

# "EHDI Hearing"

App Logo

# QUESTIONS ABOUT HOW TO FACILITATE USAGE OF THE APP IN YOUR STATE?

Contact

- Winnie Chung <a href="https://www.ihx9@cdc.gov">ihx9@cdc.gov</a>
- Daphne Miller Program Coordinator <u>daphne.miller@vdh.virginia.gov</u>
- Sarah Stone <u>sarah.stone@state.ma.us</u>



