

Maximizing Potential: Integrating Strengths-Based Coaching in Family-Centered Intervention for Optimal Outcomes

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Disclosures

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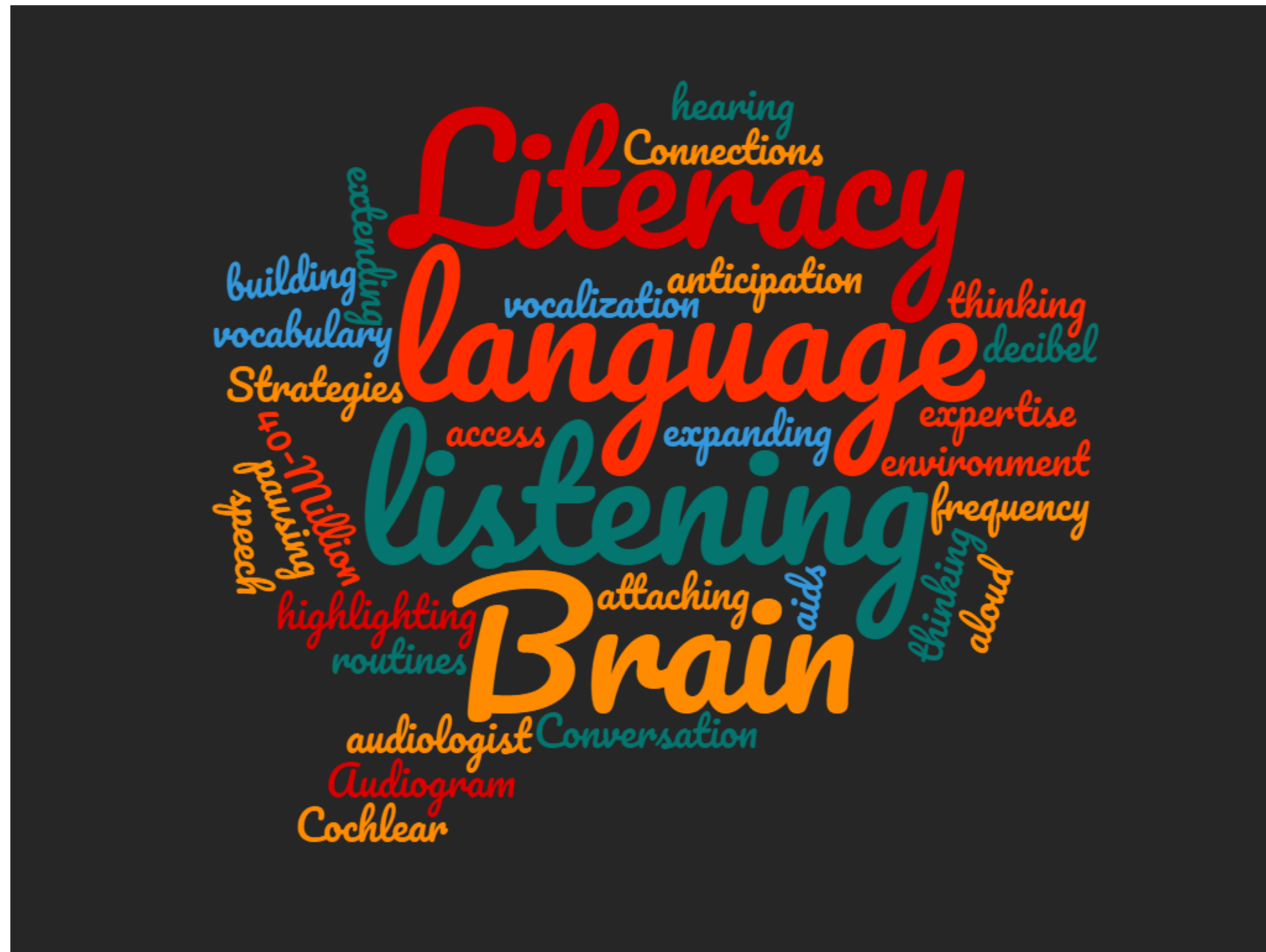
Meeting the Needs of Families in Early Intervention... What Do We Know?

- High quality early intervention services can change a child's developmental trajectory and improve outcomes for children, families, and communities.
- The Family Centered model is widely recognized as best practice in early intervention settings. What does that look like?
 1. Forging parent-professional partnerships with families to identify goals, strengths and challenges
 2. Collaboratively setting goals, strengthening family capacity and making key decisions that build upon the family's existing strengths
 3. Providing individualized , culturally responsive and evidences based interventions specific to family strengths and needs

The Parent-Professional Partnership

What do professionals bring?

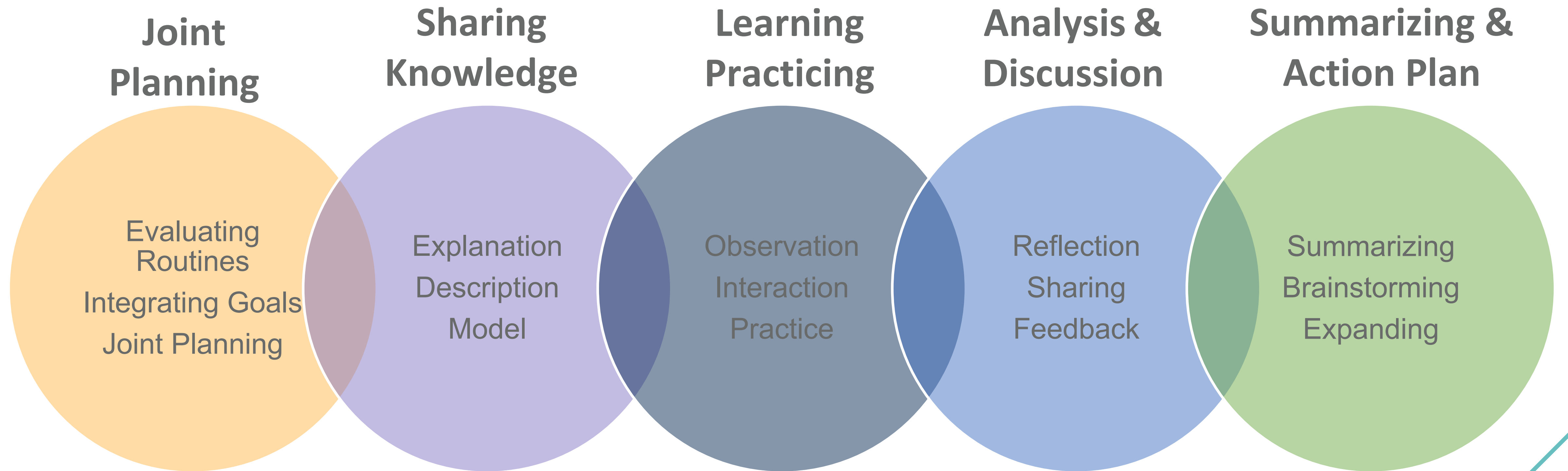
What do families bring?



How Do We Support Parents to Reach Desired Outcomes?



The 5 Key Components of Coaching



The Coaching Gap

According to Riechow, et al (2016), early interventionists spend most of their time working directly with the child and less than 1% of the time coaching parents

How might professionals shift their mindset and acquire skills to better identify family strengths to empower families as the primary leaders in their child's outcomes?

Strengths-Based Coaching



Why Focus on Strengths-Based Coaching?

- Families spend the most time with the child and know the child best
- Families provide the greatest influence on the child's language growth and development
- Families already possess inherent strengths in interacting with their child
- Coaching through the parent-professional partnership, enhances and expands family capacity
- Families are empowered with evidence based techniques, strategies and tools to take the lead in carryover in all routines and environments

Strengths-Based Coaching...The Process

Meeting Families Where They Are and Building Capacity Through Partnership



Parent Sessions Strategies & Tools



Parent Sessions

- Greeting & Review
- Guided Practice
- Independent Practice
- Parent Reflection
- Session Summary, Action Plan



Energy Check

- What is an energy check?
- What can we learn about a parent/caregiver when we conduct an energy check?

Based on your current energy, if you had one free hour today what would you do with it?

- Other examples...
 - What color best describes your energy right now?
 - What song would describe your current energy level?
- Let's think of more!

Stories...



To establish trust and rapport...

- Tell me what you most like about being a parent to your child.
- Tell me about Grace. What motivates you and excites you?

Throughout the relationship...

- What was the best moment from this session?
- What moments from this week did you find most exciting with Tate?
- Tell me what you/your child learned from this activity.

Attentive Listening



“Most people do not listen with the intent to understand; they listen with the intent to reply.” - Stephen R. Covey

“Listening is giving the other person the experience of being heard” – Bix Bickson

Attentive Listening Coaching Strategies

1. Be attentive
2. Ask open-ended powerful questions.
3. Ask probing questions
4. Listen empathetically
5. Request clarification
6. Paraphrase
7. Tune into feelings and reflect
8. Summarize

Take the Listening Skills-Self Assessment and learn more about your listening skills.

<http://marcetareilly.com/wp-content/uploads/Burley-Allen-Listening-Assessment-Document.pdf>

Vantage, Pivot, and Lesson Points

Learning Partner's Perspective

Retell the story from another view point. How would the 3 Bears tell the story?



or Retell the story based on a different decision. What if you didn't go in the Bears' house?

Vantage Point



Pivot Point



Lesson Point



After exploring either the Vantage Point or Pivot Point, ask what lesson came from this. What did you learn from entering someone else's house?

Applying Appreciative Inquiry

“At its heart, AI is about the search for the best in people, their organizations, and the strengths-filled, opportunity-rich world around them. AI is not so much a shift in the methods and models of organizational change, but AI is a fundamental shift in the overall perspective taken throughout the entire change process to ‘see’ the wholeness of the human system and to “inquire” into that system’s strengths, possibilities, and successes. ”

– Excerpt from: Stavros, Jacqueline, Godwin, Lindsey, & Cooperrider, David. (2015). *Appreciative Inquiry: Organization Development and the Strengths Revolution*. In *Practicing Organization Development: A guide to leading change and transformation (4th Edition)*, William Rothwell, Roland Sullivan, and Jacqueline Stavros (Eds). Wiley

<https://appreciativeinquiry.champlain.edu/learn/appreciative-inquiry-introduction/>

Powerful Questions
Less Powerful

More Powerful

Yes/No Which Who When Where What How Why What If

Coaching Through Design Thinking

Parent wants child to listen for multiple details

Provider describes strategy for encouraging listening by building anticipation and using audition 1st

Parent practices the strategy in a self selected home activity

Provider gives feedback between practice attempts

Parent and provider reflect on interaction and application in other contexts

Feedback Anticipation



The Mom in the Chair



Hearing First

The Hearing First website is a multimedia digital experience and connection point designed to link families who have chosen listening and spoken language (LSL) for their children with hearing, and the professionals who work with them, with the resources, information, tools, community and learning experiences they need to ensure the children in their lives succeed.



Website



Professional Learning Community



Family Support Community



Coaching & Mentoring Cohorts



Learning Experiences

Join us at hearingfirst.org #LearnOutLoud

Join us at hearing first



Online Resources and Tools: www.Hearingfirst.org



Join the Professional Learning Community



Join the HF Family Support Community



Learning Experiences for Families and Professionals

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