

Effects of COVID-19 on the Early Hearing Detection and Intervention 3-Month Diagnostic Benchmark

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Introduction

This study assessed Boston Children's ability to meet EHDI's 3-month diagnostic benchmark³ for UNHS referrals given reduced services and closures due to COVID-19 (Fig. 1).

On March 18th, all non-emergent clinic appointments were cancelled. No patients were seen for one week. Boston Children's Waltham and Boston sites reopened on March 25th with reduced services.



Retrospective database and chart reviews were completed for infants of three separate cohort years (2017-2018, 2018-2019, 2019-2020). Table 1

Inclusion Criteria	 Born December-September for each cohort year
	 Born at an in-state hospital and referred on NBHS
	 Seen at Boston Children's for initial follow-up ABR
Exclusion Criteria	 Born at home and did not receive initial NBHS
	 Passed NBHS bilaterally at birth hospital
	 Born outside the state of Massachusetts
	 Seen at an outside facility for evaluation prior to our evaluation
	 Child was deceased prior to confirmation of hearing status

Age at diagnosis was determined by data transmitted to the Massachusetts Department of Public Health and diagnostic codes used by the managing audiologist.

IBM SPSS Software was used to complete statistical analyses including Cochran-Armitage trend tests and Chi-Squared analyses.







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Results

- Despite reduced services and closures, there was no significant difference in our ability to meet the 3-month diagnostic benchmark for the 2019-2020 cohort when compared to the two previous cohorts combined (p = 0.08).
- There was no significant difference in our ability to meet the 3-month diagnostic benchmark based on referral status for the 2019-2020 cohort (p = 0.66). However, bilateral referrals meeting the 3-month benchmark increased significantly compared to previous years (p < 0.05).

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Boston Children's ability to meet the 3-month benchmark was significantly less for earlier birth months of the 2020 cohort (Dec.-May) than for later birth months (June-Sept.; *p* < 0.01). This trend was true for unilateral (p < 0.01) and bilateral (p < 0.05) referrals (Fig. 3).

> Unilateral Versus Bilateral Diagnostic Outcomes for Early and Late 2020 Early 2020 (Dec-May) Late 2020 (June- Sept.) Unilateral Bilateral * Denotes significant difference

Discussion

Possible contributing factors to our ability to the meet 3-month benchmark in 2020:

- Prioritization of ABR appointments for infants who referred on newborn hearing screenings, with bilateral referrals prioritized over unilateral referrals
- Expansion of available hours across services and sites following shutdown to help compensate for reduced services during shutdown



Fluctuations in monthly benchmark data (Fig. 2) is reflective of the reduction of services near peak shutdown and subsequent rebound in summer months (Fig. 4).

CDC data¹ indicates that in 2018, an average of 49.5% of children nationwide met the 3-month benchmark following referral on the newborn screening, with a similar national average of 49.2% in 2017². All cohorts outperformed national averages with 67%, 72.6%, and 75% meeting benchmark following referral, respectively.

References

- Center for Disease Control and Prevention. (2020, May). 2018 Summary of Infants Not Passing Hearing Screening Diagnosed Before 3 Months of Age. https://www.cdc.gov/ncbddd/hearingloss/2018-data/07-diagnosed-by-3-months.html
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