

CONECT

A Collaborative Work Group on Newborn Screening and Congenital Cytomegalovirus

Natasha Bonhomme | Founder, Expecting Health



Mission

Replacing the fear and confusion many face (in the prenatal, neonatal, and early childhood years) with confidence and agency to make the best decisions for themselves and their families.

- Bridge science-based information with real-life strategies to help women and families make informed decisions
- Contribute to cultural change around engaging people in health systems, promoting continuity of care, and co-production between people, providers, and communities
- Provide people with the opportunity to connect with each other and build skills to engage more fully in the healthcare system



CONECT

Community of Newborn Experts Collaborating Together

A Collaborative Work Group

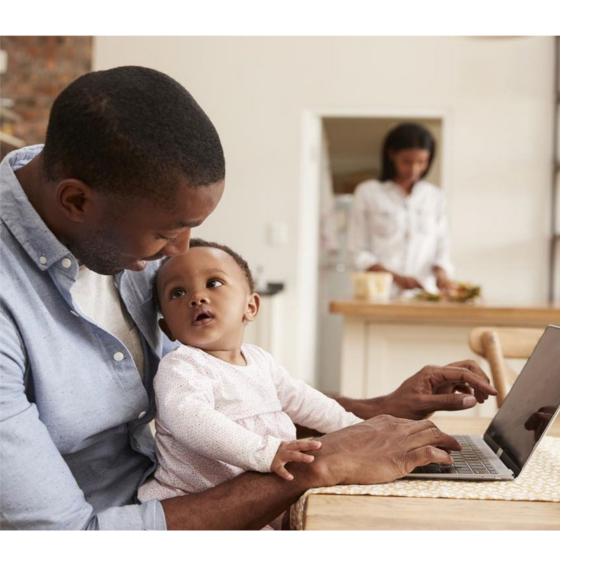
Connecting.

Sharing.

Building.

In March 2022, Expecting Health launched a collaborative workgroup to bring together congenital cytomegalovirus and newborn screening experts and stakeholders to connect, share perspectives, and build a foundation for collaboration.

How can we work together to break silos, develop strategies, and improve cCMV and newborn screening initiatives?





Virtual meetings using Zoom



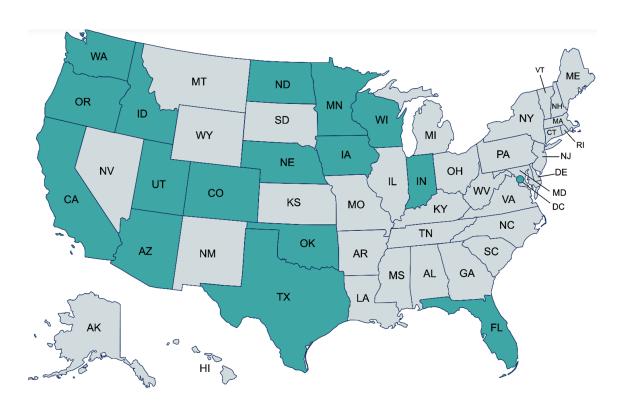
1.5 hours long



Presentations followed by structured discussion and strategy sessions

Work Group Members

- Parents
- State NBS Laboratories
- State NBS Follow-Up Programs
- cCMV and EHDI Programs
- Industry Representatives
- Healthcare Providers
- Professional Organizations
- Advocacy Organizations
- Researchers



First Meeting Recap March 3, 2022

Presentation and Discussion

 Khaliah Flemming and Amanda Devereaux from the National CMV Foundation presented on CMV patient and family experiences

Work Group participants had a conversation about what a successful collaboration around cCMV and NBS looks like and the results they would like to see from this collaboration



Second Meeting Recap June 29, 2022

cCMV Testing in Utah

Stephanie Browning McVicar, Au.D., CCC-A

Early Hearing Detection & Intervention (EHDI) CMV Public Education and Testing Children's Hearing Aid Program





Minnesota Congenital Cytomegalovirus Screening

Sondra Rosendahl, MS, LCGC

Group Discussion

- Question 1: What support and resources do states/programs need as they begin planning implementation of cCMV screening?
 - Lab perspective: Would be helpful for NBS labs to test the different cCMV testing methods to determine which one is best and should be implemented
 - Funding and training is needed (pediatricians should receive training on how to best follow-up with diagnosed patients)
 - CDC aware of QCPT needs
 - Future potential joint work between APHL New Disorders Work Group and APHL Molecular Subcommittee to provide guidelines
 - APHL New Disorders Work Group has developed screening implementation toolkits
 - Would like the help of the CONECT Work Group to create a toolkit for cCMV
 - cCMV testing can include blood spots or hearing screens (depends on state NBS guidelines), which can be tricky
 - Collaboration between dried bloodspots and EHDI needed

Group Discussion

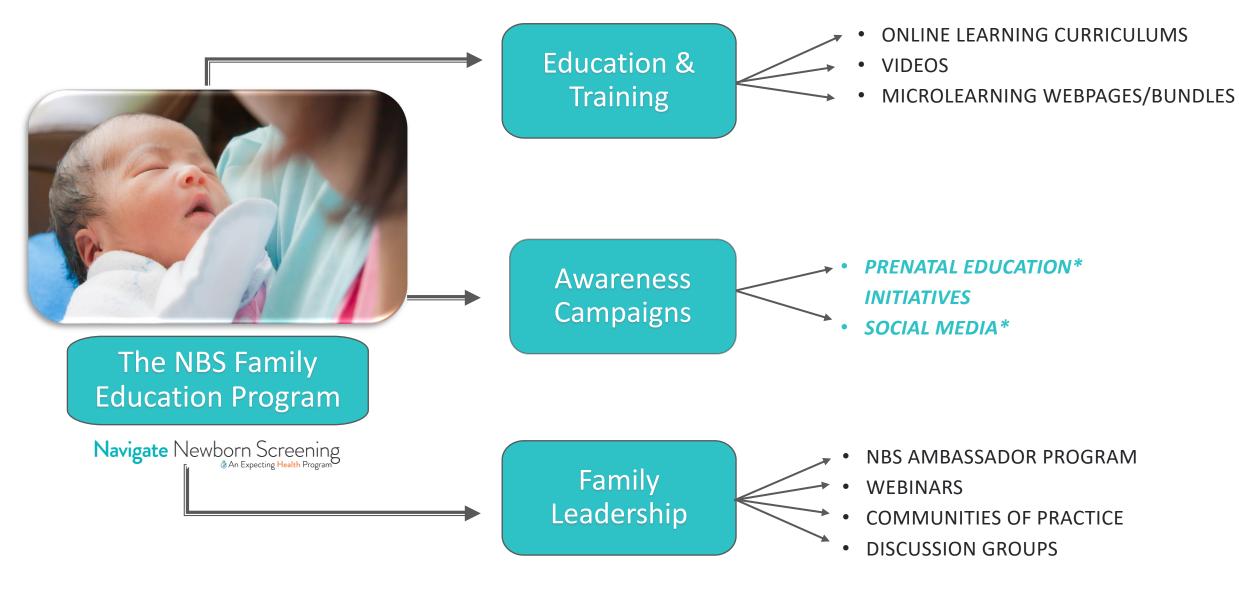
- Question 1 (Continued): What support and resources do states/programs need as they begin planning implementation of cCMV screening?
 - Encountering resistance from public health laboratories about why cCMV should be tested for prior to being added to the RUSP
 - Testing conducted through public health lab would be much easier and less expensive
 - One barrier to cCMV testing is the amount of blood needed but using less blood means losing sensitivity
 - A current cCMV testing kit using PCR method only requires a single punch but using less blood means losing significant sensitivity per contact at CDC
 - Kits are easier for labs to quickly implement than a lab-developed screening test but how well will this cCMV test kit work?
 - Waiting for sensitivity data for the cCMV testing kit

Group Discussion

- Question 2: In what areas would more data, information, or collaboration be helpful in order to make informed decisions around universal screening for cCMV?
 - What does collaboration between blood spot screening and hearing screening look like?
 - States may find it helpful to have guidelines about collaboration between both of these screenings
 - Perhaps more Federal involvement?
 - Possibly find non-traditional funding (e.g., foundation) that could augment the work
 - Reach out to Genetics Collaboratives to discuss collaboration

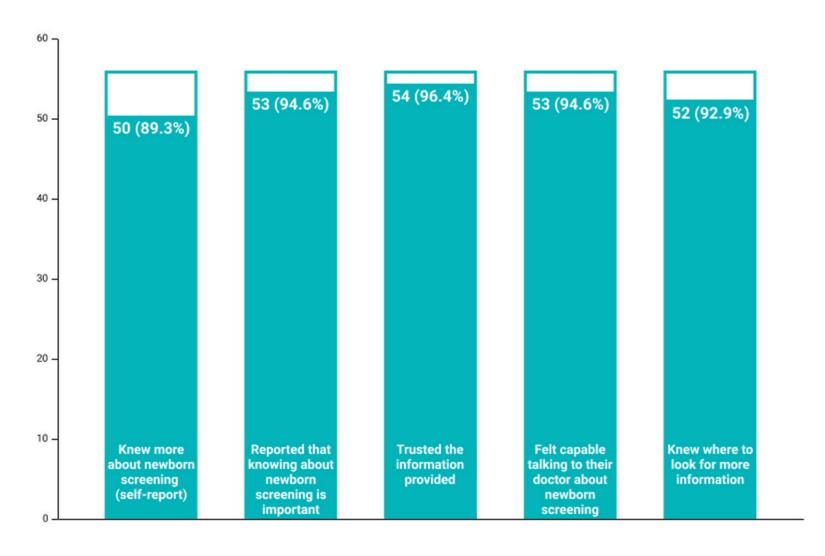
Future Outlook

- Would be great to have a place (e.g., SharePoint) where we can share information, data updates, articles, etc. with each other
- Discuss meeting more frequently to execute action items and/or establishing subgroups
- Create a space where information can be shared if meetings aren't feasible
- Clear that this model of coming together is valuable for all stakeholders
- Future meetings will highlight work around protocols and education, what is ready to be scaled
- The desire to expand this work needs to be met by funding support



EDUCATION IS MEETING FAMILIES WHERE THEY ARE

RESULTS FROM INITIAL PILOT PROGRAM AT LBJ



 89% or more reported increases in awareness, knowledge, confidence and skill to lead and advocate for newborn screening and their families (N=56).

WHAT WE HAVE SEEN



WE HAVE INCREASED
AWARENESS &
EDUCATION
OPPORTUNITIES, BUT IT
REQUIRES MULTIPLE
STRATEGIES FOR SUCCESS



BOTH ORGANIZATIONAL AND INDIVIDUAL PARTNERSHIPS ARE CRITICAL TO MEET FAMILIES WHERE THEY ARE



INNOVATIVE ONLINE
& IN-PERSON
STRATEGIES ARE
REQUIRED TO REACH
FAMILIES IN MUC

Stay Connected.

Natasha Bonhomme

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www.ExpectingHealth.org



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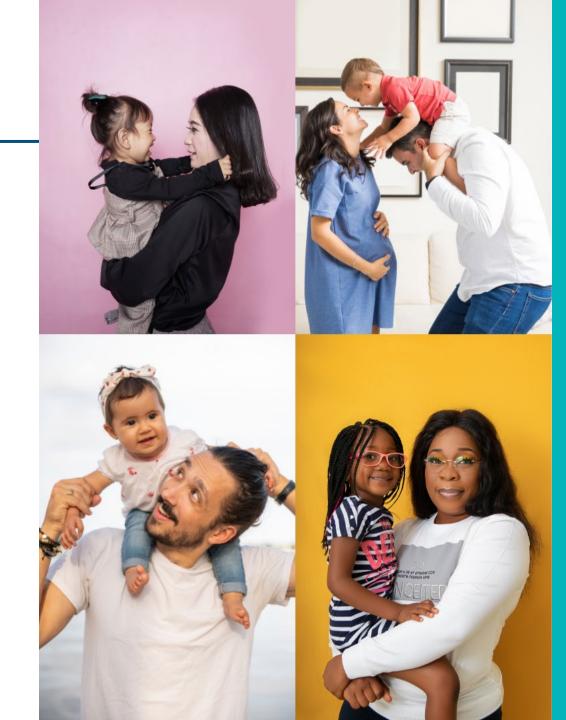


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Questions for the Group

- How can we pull in more people who have experience into this group?
- While we have parents involved, would it be helpful to have a separate/concurrent/ sub group focused on family experiences/education/ awareness building efforts?
- For you, what would success look like for an effort like this?
- How would you like to be kept aware of what we discuss/ learn? Updates to member organizations? Short information statements periodically? Other?
- If there is a group you think we should be working with please let me know!