

WHAT IS THEORY OF MIND?

TOM

HERE'S WHAT THE **EXPERTS** SAY:

The theory of mind is a concept in psychology that refers how someone ascribes mental states - such as beliefs, intentions, desires, and emotions - to both oneself and others. This is not limited to only understanding what someone might believe or desire, but it extends to surmising their emotional state and thoughts as well. As we cannot directly see (only experience through their facial expressions or spoken words) what people are thinking, the concept has been aptly labeled as the 'theory' of mind.

ITIS...

- The ability to attribute mental states to oneself
- The ability to attribute mental states to others
- The ability to understand that others have beliefs, desires and intentions that are different from one's own



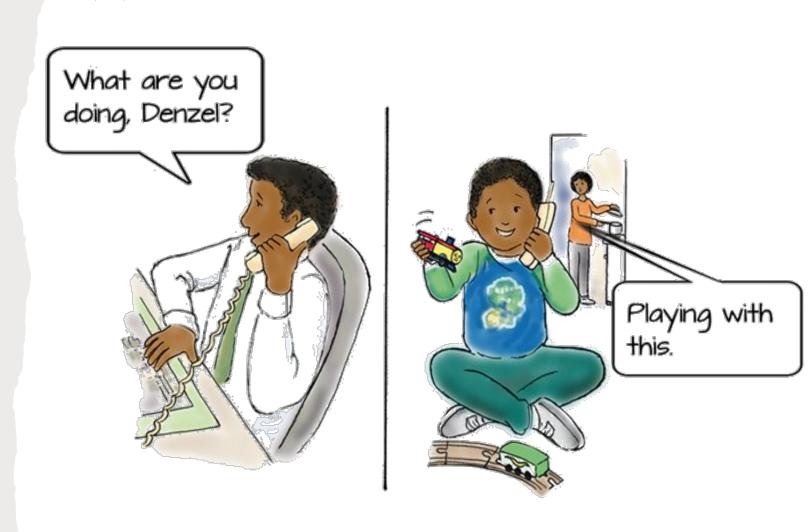
IN OTHER WORDS

- ToM is the ability to understand that others may not know what I know, may not think what I think, and may not feel what I feel, and vice versa.
- ToM helps in understanding and predicting other's behavior.

CHALLENGES -

BEHAVIORS YOU MAY SEE

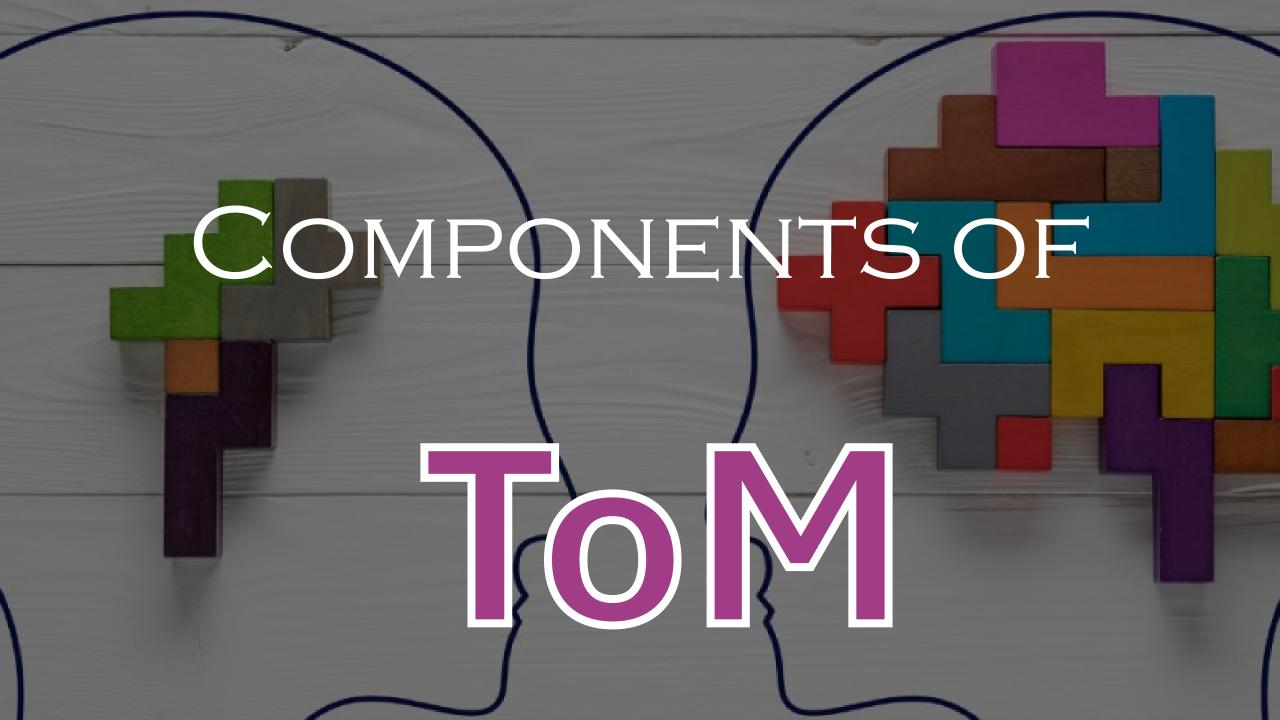
- Insensitivity to other's feelings
- Inability to take into account what others know
- Inability to negotiate friendships



CHALLENGES

- BEHAVIORS YOU MAY SEE
- Inability to deceive/understand deception
- Inability to understand reasons for others' actions
- Inability to understand "unwritten rules"



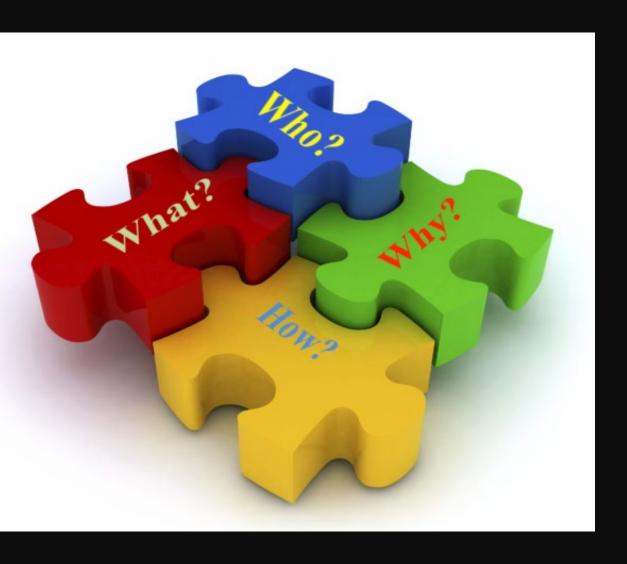


1. PERCEPTION

The ability to perceive and recognize emotional and mental states is necessary in order to have a theory of mind. People with strong theory of mind are perceptive.

Perceptiveness can include the ability to identify facial expressions, body language, and other social cues that signal a person's emotional state.



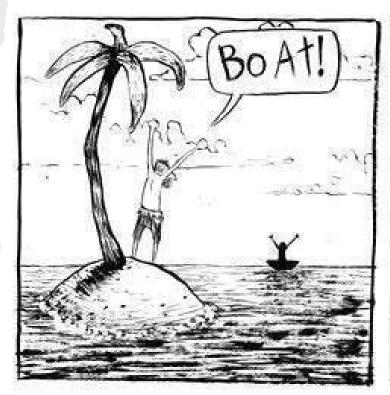


2. CONTEXTUALIZATION

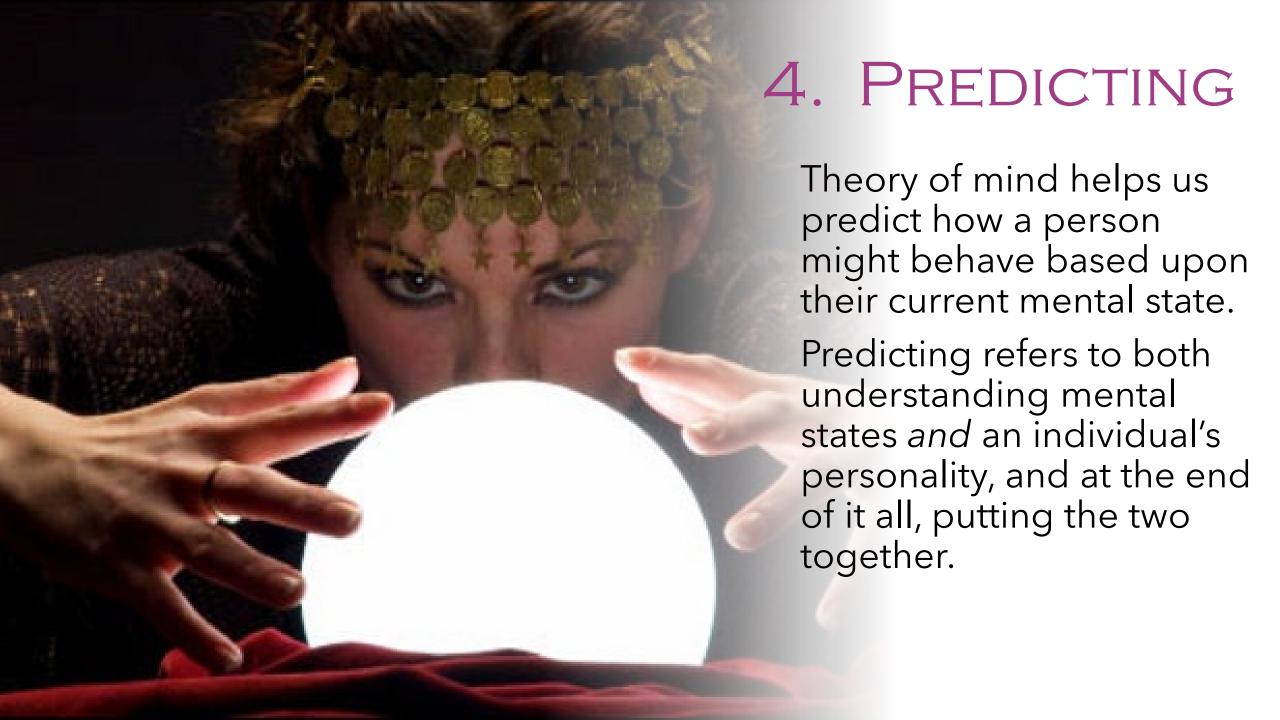
Effectively attribute perceived behaviors to mental state requires contextualization. This requires us to use situational information, past experiences, cultural beliefs, and social norms. This allows us to understand the most likely mental state that a person has based upon a given situation.

3. PERSPECTIVE TAKING

The ability to put yourself in someone else's shoes. It involves suspending your own perspective and looking at a situation from another person's point of view. This skill helps us understand and predict how others might feel or react in certain situations.









5. SOCIAL LEARNING

The process of acquiring knowledge through social interactions. In part, we develop a theory of mind socializing or playing together. Through sustained engagement with others, we develop an understanding of the connection between their behaviors and mental states.





WHAT ABOUT CHILDREN WHO ARE DEAF/HARD OF HEARING?

- At risk for delays in developing ToM
- Delays in ToM can affect other areas of development
- Many children with hearing loss appear to be very egocentric, and this can cause misunderstandings, i.e., young children with hearing loss who do not share may be considered selfish
- There are ways to help develop ToM

WHAT
CAUSES
DELAYS
IN TOM?

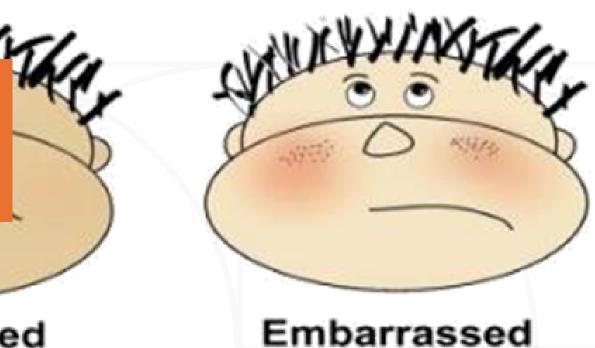


- Lack of Incidental Learning
- Brain Injury and/or Cognitive Delay
- Brenda Schick "Social Cognition and Theory of Mind" says, "The content of our minds is not a visible thing. We can only figure out what others know and believe from their... behavior, ...facial expressions, ...what they do and from ...what they say."



- Assume nothing;
 explain
 everything!!
- explain the Culture
- teach emotion words
- Use vocabulary associated with mental states









Embarrassed

Teach emotion words

- Use emotion in your: Communication, Facial Expressions, Body language
- Express how you feel
- Think about/say how the other person feels.

TALK ABOUT FEELINGS

TALK ABOUT PERSPECTIVES

TALK ABOUT SOCIAL PICTURES

- What's happening in this situation?
- What are they feeling, thinking, wanting?
- What are they communicating, saying?

ROLE PLAY SITUATIONS

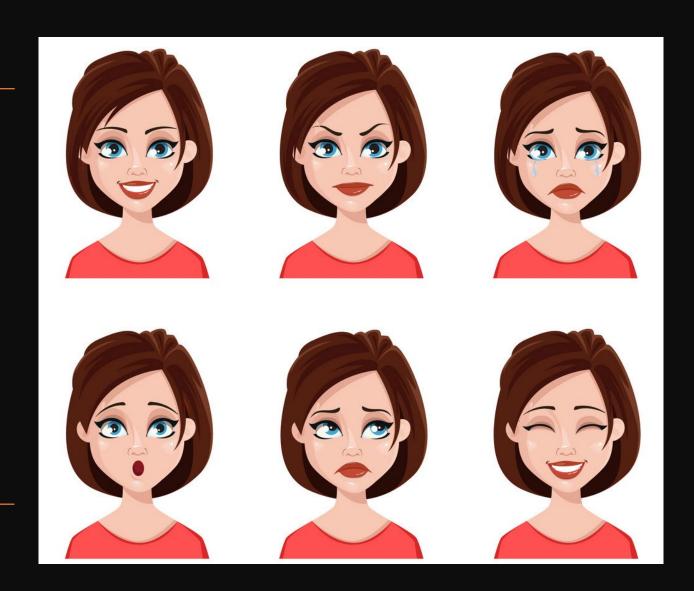
• Freeze to ask about feelings, thoughts

TALK ABOUT BOOKS, TV, MOVIES, VIDEOS

• Hit pause and ask about thoughts, feelings, actions of the characters. What might you do?

USE YOUR FACE!!!

- Use facial expressions and voice inflections to provide information on how you feel!!
- Ever watched an interpreter interpret for the deaf?





WHAT DO STUDENTS WHO ARE DHH NEED TO DEVELOP TOM?

- NEED PERSPECTIVE-TAKING DISCUSSIONS (in the moment, info about truth vs mistaken belief, how you know)
- TALK ABOUT "STATE OF MIND" (thought that..., feared that..., felt that...)
- VOCABULARY (general & feeling words)
- ENCOURAGEMENT AND PRAISE



- Discuss preferences (how this can change over time)
- Different is not good or bad, its different
- Explain likes/dislikes
- Explain that it's okay to not want the same things as other people.

This is problem solving:



AND...

- Discuss the origins of prejudice/stereotyping thoug
- Demonstrate respect and acceptance for individual from different social and cultural groups.
- Express/model appreciation
- Many children who are deaf or hard of hearing do n recognize when to say "Thank You"!
- Talk about how you express appreciation (verbally and with thank you notes, etc.)
- Talk about and encourage student to acknowledge other's successes-winning an award, being selected for a team, even if the student is jealous, etc.



THANK YOU



DEVELOPMENTAL DHH SOCIAL SKILLS

- ✓ SELF-CONCEPT/SELF-ESTEEM: believing in self, accepting hearing loss
- ✓ FRIENDSHIP: being loyal and trustworthy, caring about what the other person wants
- ✓ SOCIAL INTERACTION: compromise, empathy, understands impact of hearing loss
- ✓ PRAGMATICS: practical communication within the situation, social cues, self-advocates, clarifies)

CAN YOU DO
TO HELP
DEVELOP
SOCIAL SKILLS?

"Mediate" experiences to Explain the world around them. Use an actual situation that is happening right now to explain the feelings, thoughts, actions, of the people involved.

WHAT CAN YOU DO TO HELP DEVELOP SOCIAL SKILLS?

- Think Aloud for Your Problem Solving
 - Weigh possibilities, questions to ask
 - What you are thinking, inferring
 - Share decisions & reasons for decisions
- Give them opportunities to think through a problem themselves or with peers.

WHAT ELSE CAN YOU DO?

- O Fill them in (what is known/understood by others)
- Identify Feelings and Emotions

O Use "mental state" words to fully indicate feelings

you hear, see, and infer



SUPPORT PEER TO PEER INTERACTIONS

Model friendships

Teach rules

Require direct communication





YOU CAN HELP!

Describe how to make and keep friends

REMEMBER TO

Have HIGH Expectations!

☑ Behavior

☑ Responsibilities

☑ Social skills



Require others to have HIGH expectations also!



Success for kids with hearing loss



Developing Word Choice for Emotion

LANGUAGE SKILL DEVELOPMENT





Social - Developing Word Choice for Emotions

Gives a word bank of emotions by degree of intensity, emotions activities and instructional strategies to teach verbal expression of emotion.



Social Skills – Developing Word Choice for Emotions

All words can complete the sentence – 'I feel _____'

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FEELINGS DISCUSSION AND FEELINGS MAD LIBS

LANGUAGE SKILL DEVELOPMENT

AUTHOR DR. KAREN ANDERSON

Feelings Discussion & Feelings Mad Libs

Gives a word bank of emotions by degree of intensity, emotions activities and instructional strategies to teach verbal expression of emotion.

FEELINGS

Think about a piece of cardy that has a fire outside and a soft incide, like sherry filled choustains. It takes both parts to make up this special sawing and the randy takes just right increase of limits parts.

Familings are a part of you that you keep incide most of the time. Needings are a very important gast of you because they can shange how you ask. Imagine playing with your blench or benthershiken, and everyone is having (as. Then prompted this deven and gas book. Deepyone size lest's your first it

Everyone has times when they feel really good about themselves, Everyone his has times when they feel had about themselves or what is happening around them.

Think about They talk flat, I can't lister fast, Have you over son on the think ______ Have been also think about they contained.

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unes (To you grapes good grapes as	You are special. You know more about hearing less and hearing denines than your teacher probably dentil
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EmotionsFlashcards



ASL Flashcards – Emotions

The ASL Flashcards Emotions are an excellent tool to get your students engaged and learning. Perhaps the best thing about them is the unlimited ways you can use them! Download the file and print it on your printer. Adjust the size to meet your needs. Post to walls, objects, or use as flashcards.









