He was the first to notice. Or, more likely, the first to say it.

"There's something up with her ears."....Within minutes, he [my husband] was in the corner on his iPhone, diagnosing our daughter before anyone else had the chance to. Microtia, he said. Atresia. It meant nothing to me. But then, I looked. There wasn't just something wrong with her ears she barely had ears. More alarmingly, there were no ear canals. Just two little peanuts on either side of a perfect little head, so perfect on its face that it seemed to mock the malformations on its sides.

http://ivyleagueinsecurities.com/2013/05/my-sisters-birth-story/#sthash.s3P3j1AE.dpuf



### The FAQs of Microtia/Atresia for Parents and Professionals

### Meredith Berger, MS Ed.

2025 EHDI Conference Pittsburgh, PA 3/10/2025



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  PhD candidate Teachers College, Columbia University
  Parent of 2
  - 1 with microtia/atresia
     (\*disclosure-uses Cochlear
     Bahas)



References





Self-Efficacy and Parenting Young Children with Microtia/Atresia Teachers College, Columbia University IRB Protocol #25-021

## Ċ

DOES YOUR CHILD HAVE MICROTIA/ATRESIA?

#### PLEASE JOIN OUR STUDY!

Researchers want to learn more about parents' beliefs and their opinions of their own skill, known as parental self-efficacy (PSE), in taking care of their child's microtia/atresia related needs and the relationship between PSE, children's development and intervention services.

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 Complete 1 survey about PSE, your child's development, and your child's intervention services.

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Eligibility

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□ Live in the United States

□ Can complete 2 online

 $\Box$  Have 1 hour of time to

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vounger

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https://tccolumbia.qualtrics.com/jfe/ form/SV\_3IWB6r7IBRGE5P8 Autoeficacia y crianza de niños con microtia/atresia Teachers College, Columbia University Protocolo IRB #25-021



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Los investigadores quieren aprender más sobre las creencias y opiniones que tienen los padres de familia sobre sus habilidades cubriendo y cuidando las necesidades de su hijo/a con microtia/atresia aural, el desarrollo infantil y los servicios de intervención temprana.

#### ¿En qué consiste?

- ✓ Completar 1 encuesta sobre antecedentes médicos y familiares
- ✓ Completar 1 encuesta sobre PSE, el desarrollo de su hijo, y los servicios de intervención.
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#### Elegibilidad

- La madre o el padre tiene 18 años o más
- El niño tiene microtia y tiene 36 meses o menos
- □ Vive en los Estados Unidos
- Puede completar encuestas en línea en inglés o español
- Dispone de entre 1 hora de tiempo para completar 2 encuestas





https://tccolumbia.qualtrics.com/jfe/form/SV\_ dmU7yWaEpV8hMHQ?Q\_Language=ES Participants will....

1...generate questions parents of children with microtia/atresia have after their child's birth.

2...identify answers to common questions asked by parents of children with microtia/atresia.

3...will discuss and develop strategies for supporting parents of children with microtia/atresia.



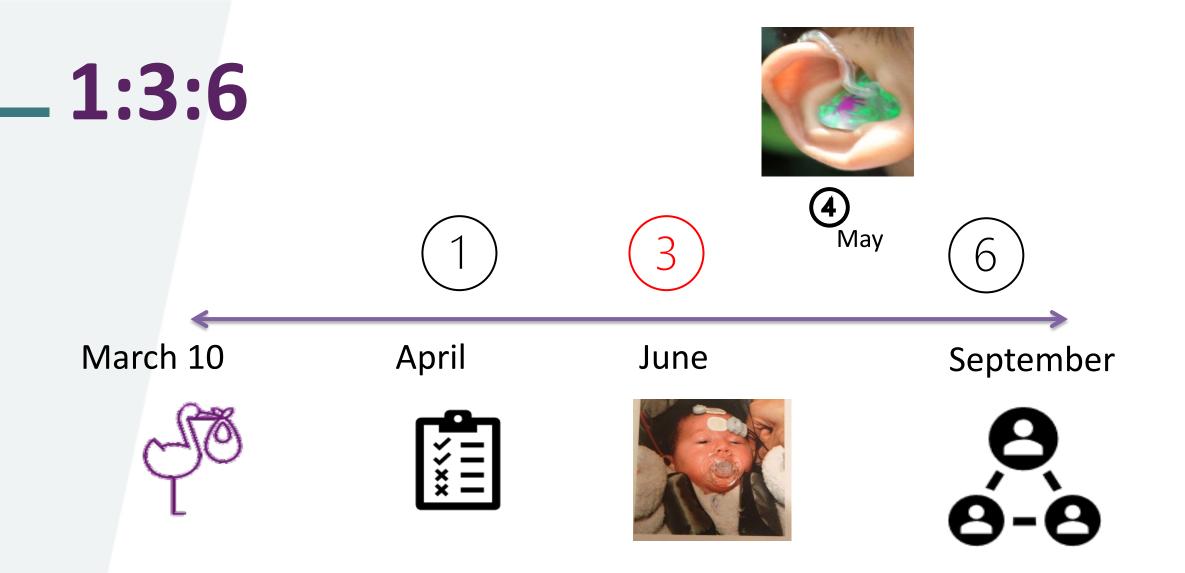




• Research, guidelines and resources to address questions and provide information

• Strategies and supports for families







Pikisuperstar@freepik





https://www.freepik.com/auth or/macrovectorofficial









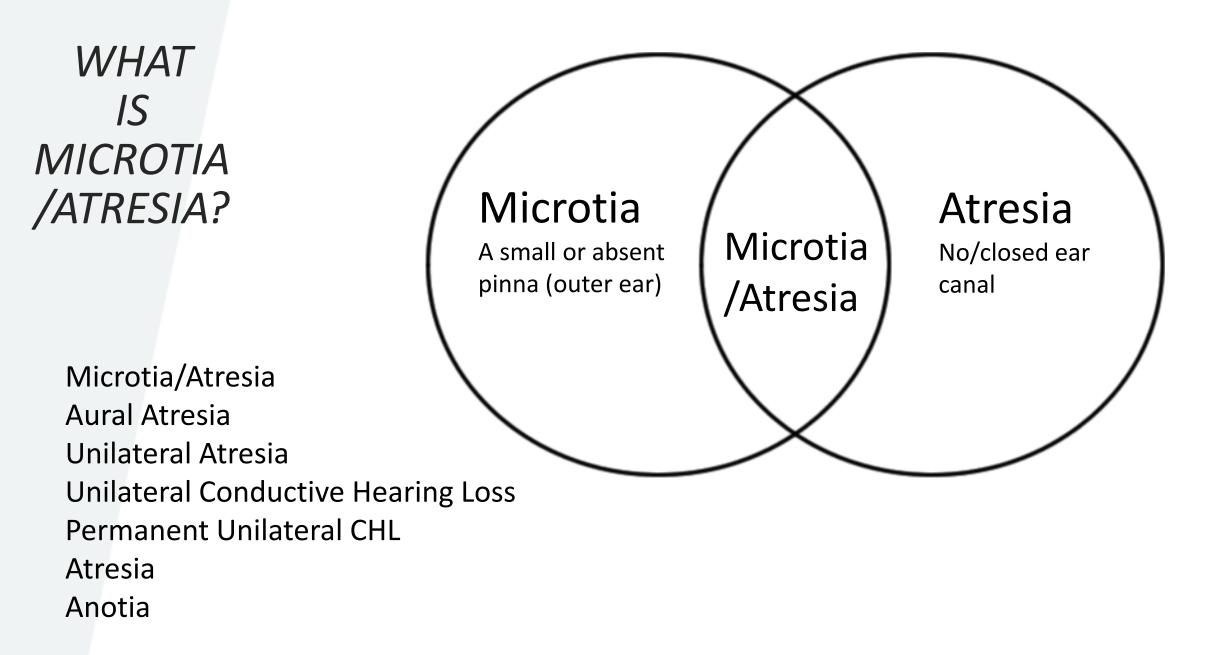
Who? What? Where? When? Why? How? رة) حكي م







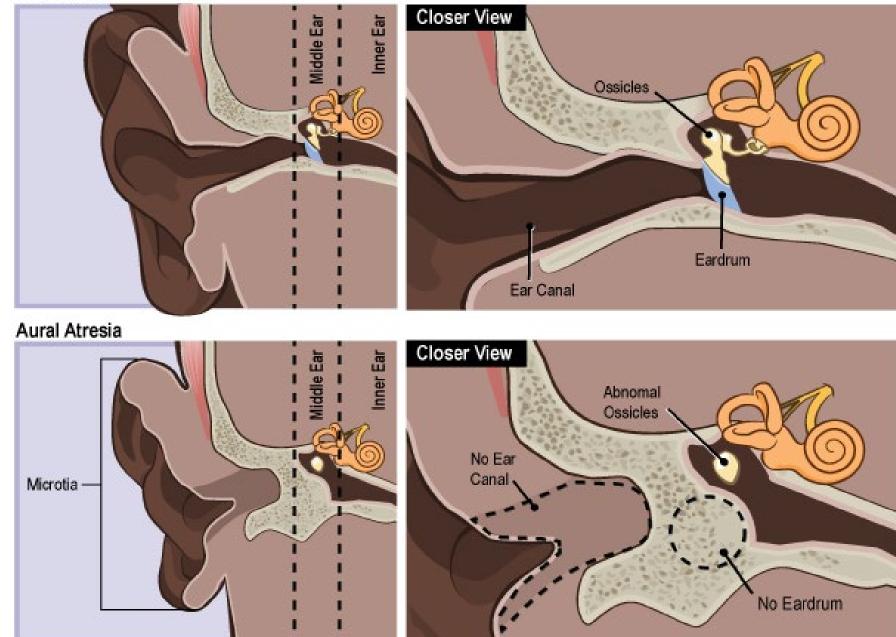
## What is it?







#### Normal Ear



www.kidshealth.org

### **Quick Facts**

- Develops early in 1<sup>st</sup> trimester
- First and second branchial arches (around the 4-8th week of gestation) (García-Castro et al., 2022)
- More common in males
- Unilateral (>90%), right ear
   (60%)
- Syndrome related -<20%</p>
- Conductive hearing loss >90%(Wang et al., 2023)







What did I do wrong? Why didn't they see it? How did this happen?

# NOTHING



### **Genetics**?

- Limited but growing research
- Most research on syndrome-related or adults
- 40 suspected genes-
  - HOXA2, MUC6 and GSC

(Govindan et al., 2025; Putri et al., 2022)



Mapping genetic loci associated with microtia using Kids First DRC whole genome sequence data

https://youtu.be/kzV4wmpO mes?si=d861PW6ejg3LGePl&t =1028



## **Prenatal testing**

- Fetal ultrasound-high false positive rate for isolated m/a; more reliable with complex or multiple craniofacial anomalies (Lamanna et al., 2023; Lunardhi et al., 2023; Qiu et al., 2023)
- MRI-higher accuracy, more likely if other anomalies exist (Zhang et al., 2023)



## **Correlation** ≠ **Causation**

- Difficult pregnancy
  - History-miscarriage (5.5x higher ≥ 3)
  - Progesterone use
  - Bleeding/cramping during pregnancy
- Exposure to chemicals
  - Example: pesticides, formaldehyde
- Prematurity (Shehan et al., 2022)
  - Race- Asian+M/A>prematurity
- Non-singleton birth
- Anemia in 1<sup>st</sup> trimester
- Type 1 or 2 diabetes <u>before pregnancy</u>
- Altitude (>2500-3500m) (Noroña et al., 2024)
- Racial/ethnic background

During pregnancy:

- binge drinking
- ≥ 300mg of caffeine daily
- ≥ 5 cigarettes daily

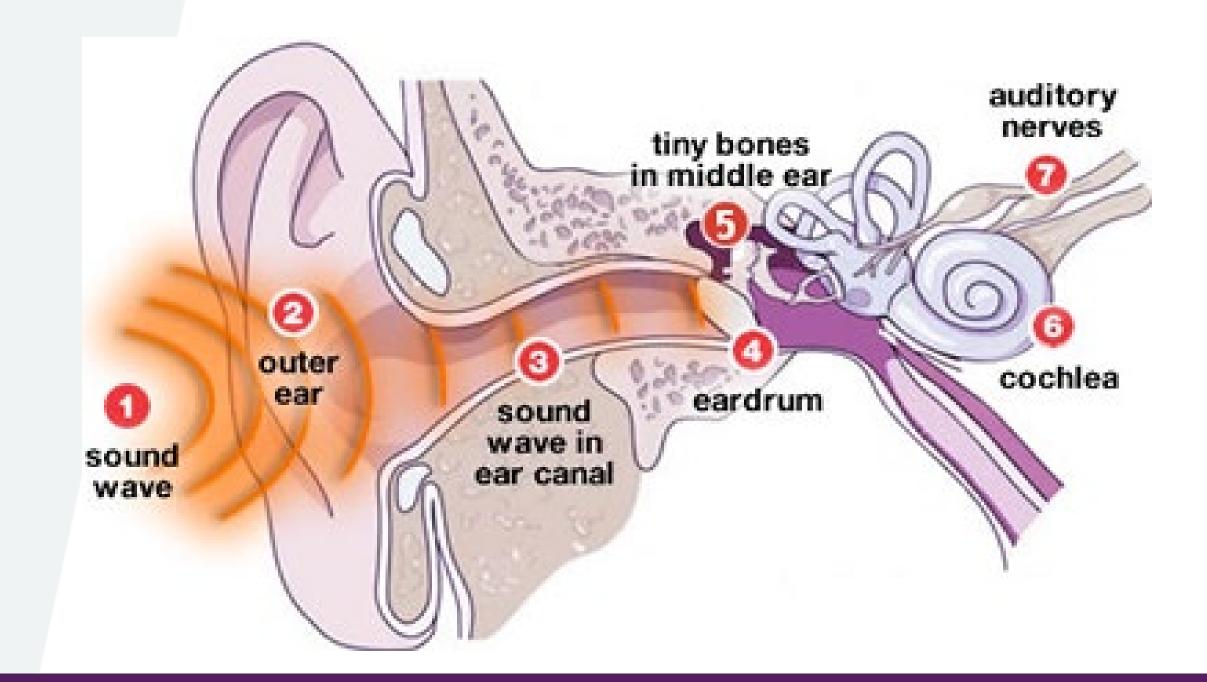
Estimates of 1/10,000 -5/10,000 (Center for Disease Control and Prevention, 2018)

- Hispanic/Latino-7x higher
   Ecuador 17/10,000 (Noroña et al., 2024)
- Asians-3x higher
- African/descent .86/10,000 (Shaw et al., 2004)

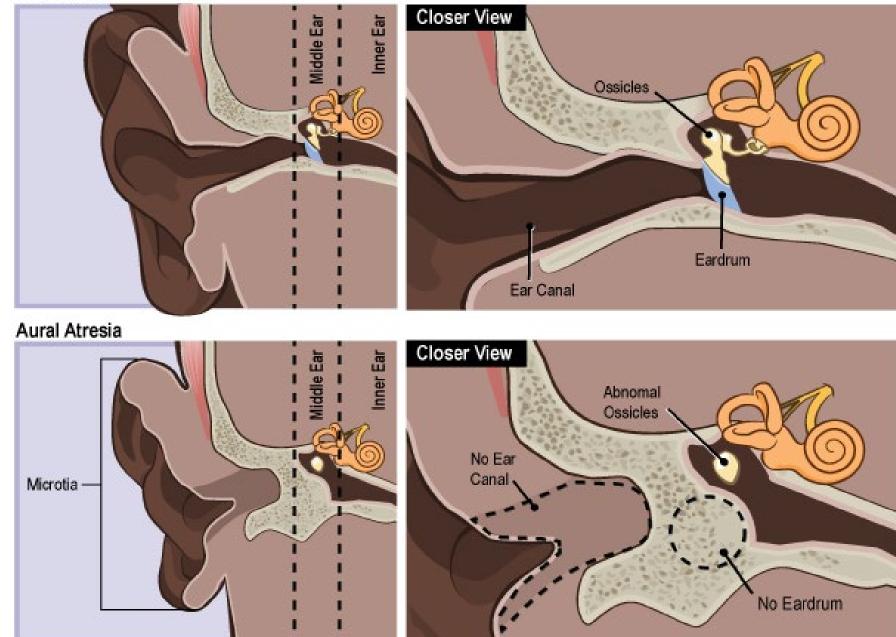




## How does my baby hear?

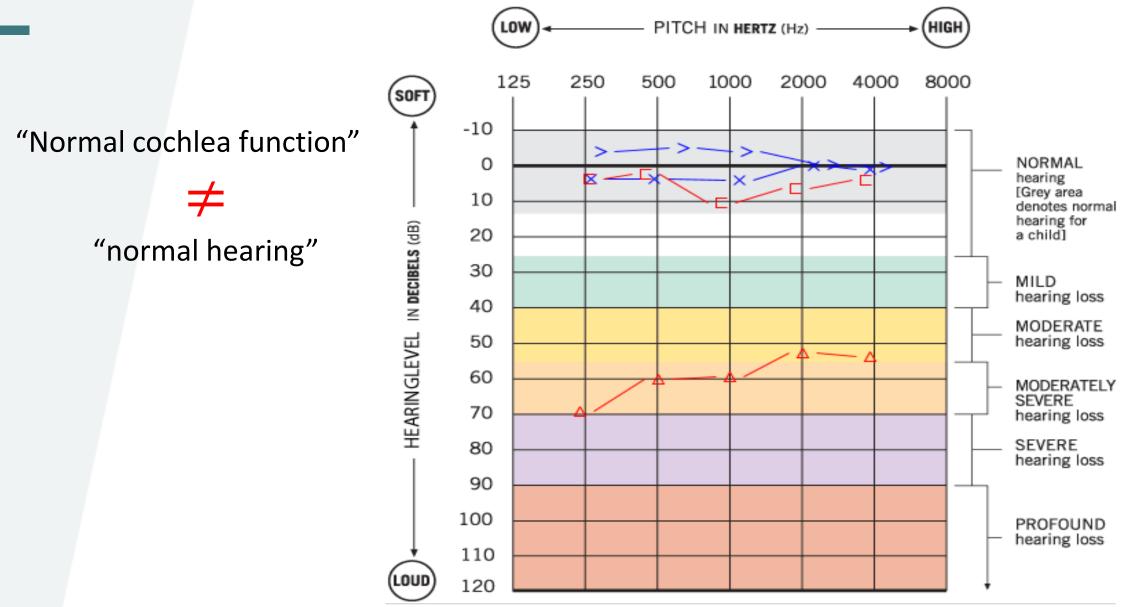


#### Normal Ear

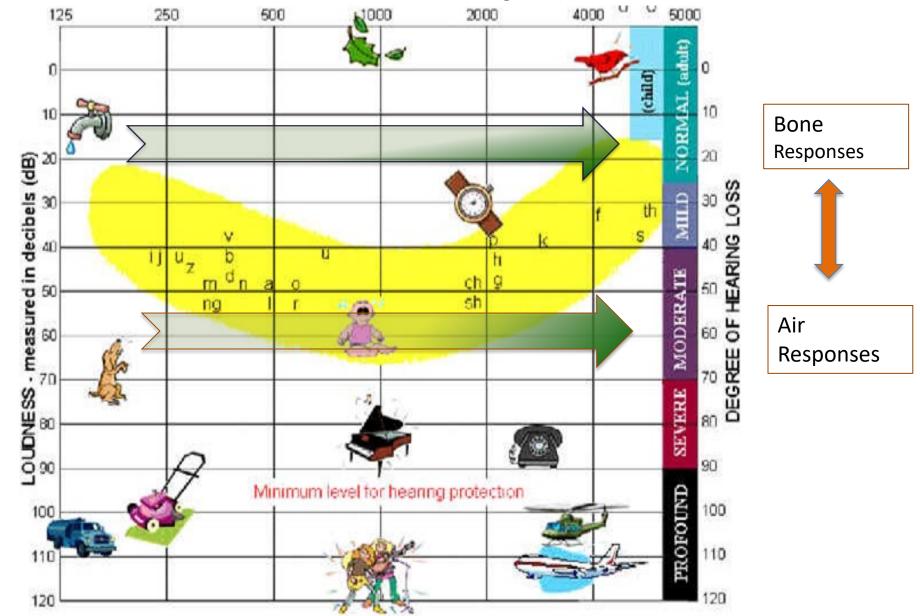


www.kidshealth.org

### Maximum Conductive Loss- Air/bone gap= cochlear function



### Lost in the Gap







## What other medical needs should we look for? Who are the specialists we should see?

Kidneys	<ul> <li>3-25% of children-renal abnormalities</li> <li>Rx: ultrasound screening- all</li> </ul>			
Urinary Function (Sun et al., 2023)	<ul> <li>Girls-MA-most likely</li> <li>Rx: early urinalysis-all &gt; id functional issues; structure</li> </ul>			
Heart (Guo et al., 2021)	<ul> <li>~8%-at least 1 congenital heart defect</li> <li>Rx: Doppler echocardiogram at birth, screened pre-surgery</li> </ul>			
Vertebrae (Alexander et al., 2023)	<ul> <li>~10% (w/imaging) had abnormalities</li> <li>Rx: rib graft surgery complications-chest wall deformity</li> </ul>			
Soft palate van Hövell tot Westerflier et al., 2019	<ul> <li><u>Isolated</u> &amp; Syndromic-high rates of uvular deviation and VPI</li> <li>Rx: in- depth evaluation of soft palate movement and VPI</li> </ul>			
Ears	<ul> <li>tubes, other ear; cholesteatoma-stenosis</li> <li>RX: Otologist, or experienced ENT</li> </ul>			





### Craniofacial team

- Ears: ENT/Otologist
- Hearing: Audiologist
- Kidneys:
- Heart:
- Urinary Function:
- Craniofacial:





## What's next?

## And when?



### **JCIH 2019 Recommendations**

(Joint Committee on Infant Hearing, 2019)

### **Newborn Hearing Screening**

Infants with congenital aural atresia in one or both ears or with visible pinna/ear canal deformity such as stenosis or severe malformation **should not be screened in either ear** but should be **referred for diagnostic audiologic evaluation immediately** upon discharge. *The diagnostic audiologic evaluation can also be accomplished while the infant is in the NICU or other inpatient hospital unit.* 

#### **Early Intervention Services**

The purpose of early intervention is to achieve optimal child and family outcomes. Hence, the audiologist must make the referral for Part C Early Intervention (IDEA, 2004) services as quickly as possible following confirmation that a child is deaf or hard of hearing. Federal regulations require that this referral be made within seven working days of diagnosis (IDEA, 2004). In cases of congenital aural atresia, the referral can and should be made by the birth hospital.



### **Options.** (Reinisch and Lewin, 2009),

Age	Audiological	Ear Canal	Ear Reconstruction	Therapy and support
Birth-3 yrs	<ul> <li><u>Diagnostic Testing</u></li> <li>ABR, behavioral</li> <li><u>Amplification</u></li> <li>Non-surgical</li> <li>(Baha, Ponto, Adhear)</li> </ul>			<ul> <li>Early Intervention</li> <li>Language Development</li> <li>Parent Supports</li> </ul>
>3 yrs			Medpor/Supor Reconstruction	Preschool IEP Special Education Programs and Services
>5 yrs	Bone Conduction Devices (BCD) • Surgically implanted	Atresiaplasty Canalplasty		<ul> <li>K-12th grade IEP</li> <li>Services, Programs, FM/DM, Accommodations</li> </ul>
<u>≥</u> 7 yrs			Rib Cartilage Graft	<ul> <li>K-12<sup>th</sup> grade IEP</li> <li>Services, Programs, FM/DM, Accommodations</li> </ul>

Clinical consensus document for fitting nonsurgical transcutaneous bone conduction hearing devices to children. (Bagatto et al., 2021)

Purpose: Address the assessment, selection, and fitting for non-surgical bone conduction devices for children under age 5

- Goal is to fit within 1 month of diagnosis
- Children as young as 2 months
- Bilateral m/a=bilateral BCDs (sequential, based on age)

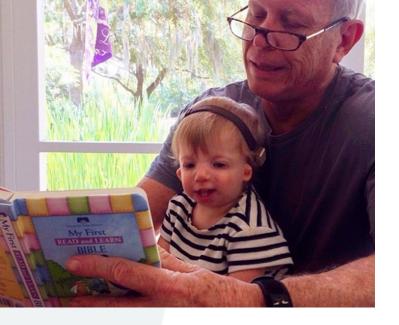




## Why is amplification needed?

- Increase use of amplification if parents receive early and clear information (Kazemir et al., 2022)
- Children (who use BCD) with language delays were fit later than children without delays (Florentine et al., 2022)
- If early fit, age-appropriate language and academics. (Hyland et al., 2020)
- Children with microtia/atresia are hard of hearing and.... (Cañete et al., 2021)
  - Sound localization
  - Focused auditory attention in school situations
  - Perception of the direction, distance, and movement of sound.
  - More effort and inability to ignore sounds were reported as major difficulties.







## How will this impact the future?

### Bullying (Johns et al., 2021)

- •169 children, average 10 years old
- •40% parents reported their child being teased
- •49% reported "some of the time"
- •39% reported "almost never"
- •Teasing started around age 5 (US), age 7 (South America)
- •85% teasing occurred at school
- •No correlation with amplification, HL, IEP services







MICROTIA AND ATRESIA AWARENESS

## Resources

**The Ear Community** Facebook, website, Ear Community picnics

**Facebook groups** <u>Microtia Parents</u> & others specific to countries/regions

myFace myFace.org

Little Baby Face Foundation https://www.littlebabyface.org/

Hearing First Sophie's Story <u>https://www.hearingfirst.org/celebrate-lsl/lsl-life/sophie</u>

Give an Ear Foundation (South Africa based/Africa focused)

https://giveanearfoundation.org

Microtia UK <a href="http://microtiauk.org/">http://microtiauk.org/</a>

Microtia Atresia Australia https://microtiaatresia.com.au/



## **Ear Community Picnics**

https://earcommunity.org/2025-picnics-and-events/









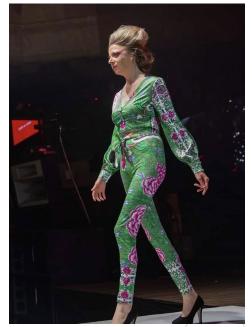






#### Jono Lancaster

Camilla Gilbert Gideon Glick Nick John Wilson Cynthia Murphy Paul Stanley Salia Baligh Joshua Cheptegei Advocate *love me, love my face* Motivational speaker Actor Singer/song writer Model/Advocate KISS drummer 2023 Rose Parade Princess **2024 10** 





## Books

Jojo's Tiny Ears Stefania Munzi-Logus Hi, I'm Me & Hi, I'm Me in Kindergarten Kelly Vurinaris

Ricky the Rock That Couldn't Roll

Tess, the Tin that wanted to Rock Mr. Jay

Rebekah's Superpower Emma Bilyk Wonderfully Different, Wonderfully Me Becky Zingale

Asha's Little Ear Becky Zingale The Adventures of Billie BAHA and Her Superhero Friends Jessica Jordan-Hogan Sophie's Little Adventure Dawn Calvert Little Ear, Big Hear Jacob Rosales Jaycee's Little Ear Devan Lusk





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### **Meredith Berger**

References



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